

Revived: CAPS Conference 2021

Event Schedule

Fri, Mar 26, 2021

11:00am

Spirituality and Ethics, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 26

MC-Multicultural/Diversity

Increasingly many therapists view the topic of "spirituality" as one that is unethical for therapists to address. This workshop will provide the participant with (a) an ethical foundation for how to, and not to, address the issue of spirituality with a client and (b) a model for evaluating one's own spirituality. Workshops Objectives: Participants will be provided with a foundation for understanding why it is our ethical responsibility to address spiritual issues with our clients; Participants will be provided with an understanding of the difference between ethically addressing the issue of spirituality, and unethically addressing the issue of spirituality; Participants will be provided with a tool to understand their own spiritual history and beliefs. As a result, therapists will be more able to connect with their clients spiritual beliefs and history, even when their clients spiritual beliefs and history differs from theirs. In addition, this increased level of self-understanding will make it less likely for therapists to project their own beliefs on their clients.

Approved for 1 APA & ASWB CE

🗣️ Speaker



Ke Hollis Director of the Marriage and Family Therapy Program, Campbellsville University

Systemic Perspectives on Racism and Discrimination, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 26

CP-Clinical Practice

Family systems theory provides a robust guide to understanding and addressing racism and discrimination. Individual thoughts and actions warrant attention but need to be understood within the larger systems in which they manifest themselves. Broader family and societal changes can be instigated by changes within individual members of a system. Workshops Objectives: Participants will be able to explain systemic factors that contribute to and maintain individual patterns of racism and discriminatory thoughts and actions; Participants will identify pro-discrimination risk factors and environments; Participants will discuss the use of specific systemic strategies and interventions to address racism and discrimination in clinical settings from internship through private practice.

Approved for 1 APA & ASWB CE

🗣️ Speaker



Justin Smith Director, Counseling Program, and Professor of Professional and Pastoral Counseling, Phoenix Seminary

Schema Therapy as an approach for Christians with complex trauma, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 26

CED-Counselor Ed

Schema Therapy has a growing evidence base as an effective treatment for those with complex trauma resulting in interpersonal and intrapersonal difficulties. This seminar will provide a brief overview of Schema Therapy illustrated with a case study highlighting how Christian clients can benefit from this treatment approach. Workshops Objectives: Participants will apply an understanding of how key schemas develop as a result of trauma; Participants will be able to list the four key change processes in Schema Therapy; Participants will observe a demonstration of Imagery Re-scripting used to process complex trauma and create shifts in connection to God and safety in church settings.

Approved for 1 APA & ASWB CE

Speaker



Ruth Holt Clinical Psychologist, Canberra Clinical and Forensic Psychology

Use of BASIS-24 to Assess Substance Abuse and Co-occurring Symptoms among Patients who Received Faith Based Primary Support, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 26

MC-Multicultural/Diversity

The presentation examines the use of the BASIS-24 Alcohol/Drug Use subscale for patients with substance abuse and co-occurring symptoms with discharge diagnosis among patients who received faith-based community support. Workshops Objectives: Participants will ascertain the use of the most widely used self-rated scale and its application for Christian counseling practice in mental health and community settings; Participants will be able to describe and successfully administer the most widely used self-rated scale BASIS-24 in Christian Counseling practice and examine its benefits in treating dual diagnosis clients; Participants will develop the competency to use BASIS-24 results among substance abuse counseling plan among faith based community to determine if a referral is needed for additional professional services.

Approved for 1 APA & ASWB CE

Speaker



Thomas Idiculla Director, Mental Health Services Evaluation and eBASIS, McLean Hospital

Knowing What You Don't Know: White Privilege and White Counseling Students, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 26

CED-Counselor Ed

This session will discuss new research regarding the various responses White counseling students have regarding White privilege and how they perceive White privilege impacting students of color within their programs. It will also propose a continuum for White privilege awareness. Workshops Objectives: Participants will improve their understanding of how Whites conceptualize and respond to privilege; Participants will refine their understanding of how Whites conceptualize and respond to privilege; Participants will be provided with a framework for understanding how Whites respond to White privilege.

Approved for 1 APA & ASWB CE

📣 Speakers



Riley Pate PhD Student, Regent University



Megan Thompson Middle School Counselor, Cannon School



Kathy Feinstein LMHC, Private Practice



Jordan Luck Owner/Therapist, Complete Therapeutic Solutions, LLC

From Isolation to Inclusion: Building Community Among Online Counseling Faculty, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 26

MF-Marriage & Family

For counselor educators who work in online programs, the opportunity to connect with both students and colleagues in meaningful and tangible ways can be a challenge to job satisfaction. This presentation will focus on sharing best practices to overcome isolation and increase team building among faculty members who work together, yet live in various geographical regions. Workshops Objectives: Participants will identify common issues that online faculty face that increase or lower their overall work satisfaction; Participants will identify how faculty engagement and investment impacts student engagement and investment in an online program; Participants will explore tangible ways of promoting unity and collegiality among online faculty teams so that they can provide better educational outcomes for online counseling students and their clients.

Approved for 1 APA & ASWB CE

📣 Speakers



John A. King Assistant Professor of Counseling, Liberty University



April Crable Liberty

The "Heart" as a Psychological Construct, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 26

CP-Clinical Practice

Humans commonly refer to their psychological "heart." Yet, the West, including modern psychology, has focused far more attention on the "mind." Utilizing qualitative interviews and other resources, we will advocate for a psychology of the heart, and the value of heartfulness, with special consideration of their

relevance for psychotherapy/counseling. Workshops Objectives: Participants will be able to give reasons for and against the thesis that the "heart" is a psychological construct; Participants will be able to contrast the major psychological functions of the "mind" and "heart"; Participants will understand how certain therapeutic techniques (e.g., emotion-focused, psychodynamic, body-oriented) implicitly address the heart and promote heartfulness in the practice of psychotherapy/counseling.

Approved for 1 APA & ASWB CE

🔊 Speakers



Eric Johnson, Ph.D. Houston Baptist University



Nathaniel Marino Johnson, M.A. Houston Baptist University

Clinicians Reviving The Mental and Emotional Atmosphere of the Church, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 26

CED-Counselor Ed

Clergy are among the first people contacted when individuals experience mental and emotional distresses. Clergy are also usually juggling other demands and constraints on their time. They may not be adequately trained to deal with the clinical and relational issues and dynamics that might be present. This presentation will discuss the use of mental health clinicians to best meet the emotional, mental, relational, and spiritual needs of the church and community. The insights and experience from sixteen years of serving on a church's staff will be analyzed to discuss the benefits. Discussion will be given to the conclusions drawn from this extensive time of partnership. In addition, focus will be given to models that offer solutions to the needs faced by individuals and churches in today's society. Workshops Objectives: Participants will discuss the role of the clergy and the church as it relates to the emotional and mental health needs of the congregation; Participants will consider the addition of mental health clinicians reviving the environment by more effectively meeting the mental health needs in churches; Participants will create models of collaboration that might be used to partner clinicians with local churches or faith-based community organizations.

Approved for 1 APA & ASWB CE

🔊 Speaker



Monique Gadson Clinical Mental Health & Consulting Therapist, CHURCH Services

What 12 years of Running a Hope Focused Couples Lab Taught Us about Effective Couple Therapy, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 26

ACR-Academic/Research

Twelve years of clinical outcome research on the Hope Focused Couple Approach to treatment has indicated positive outcomes (effect sizes ranging .80 to 1.0) for couples who complete treatment. We review the outcome of a study of HFCA in 472 participants who completed 8-12 sessions, including 6-month and 2-10 year outcomes. Clinical experiences will be discussed regarding different needs and contexts for intervention with typologies of couples, clinical vs. nonclinical couples, couples' religiosity, and engaging virtues like forgiveness in treatment. Treatment plans for couple interventions that are effective for expert

or novice clinicians will be discussed. Finally, a simple but meaningful plan for ongoing clinical research with couples in any setting will be introduced. Workshops Objectives: Participants will describe current research on the topic of religious accommodative couple therapy; Participants will evaluate research on short and long term outcomes of Hope Focused Couple Therapy; Participants will gain skills in clinical treatment monitoring and outcome research for varied clinical settings.

Approved for 1 APA & ASWB CE

Speakers



Jennifer Ripley, Ph.D. Professor of Psychology, Regent University



Lindsay Solfelt, M.A. Regent University



Anna Ord Regent University



Tiffany Channing Regent University



Everett Worthington Jr., Ph.D. VCU

The Social Crisis Student Support and Advocacy Model: Faculty in Action, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 26

CED-Counselor Ed

The goal of this presentation is to offer a conceptual model for responding as faculty members to the interpersonal needs of students in social crisis, developed by one counselor training program in response to the unstable race relations that impacted our country throughout the previous year. Workshops Objectives: Participants will discuss one university's response to support students during times of social unrest; Participants will identify a conceptual model for responding to student's interpersonal needs; Participants will compare applications of a collaborative student support model in other institutions and programs.

Approved for 1 APA & ASWB CE

Speakers



Robyn Simmons Professor, Liberty University



Brandi Chamberlin, Ph.D. Department Chair, Liberty University



Lynn Bohecker Associate Professor, Liberty University



Kristy Michelle Ford Assistant Professor, Liberty University



Robin Switzer Assistant Professor, Liberty University

12:15pm

Plenary: The Necessity of Gratitude in a Season of Grief: Learning Resiliency in the Current Context of Social Strife, 1 APA & ASWB CE

🕒 12:15pm - 1:15pm, Mar 26

ACR-Academic/Research

CED-Counselor Ed

CP-Clinical Practice

MC-Multicultural/Diversity

MF-Marriage & Family

PSY-Psychoanalytic

We are living in a time of significant grief driven by personal challenges and losses, a historic pandemic, political strife, economic uncertainty and rekindled racial tensions. Understanding that grief is both a personal and collective response to loss compels therapists to consider resilience factors and gratitude strategies from both a personal and collective perspective. Workshops Objectives: Will be able to express the therapeutic benefits of gratitude for those experiencing grief personally and systemically; Will be able to describe the psychological factors that improve client resilience; Will be able to list factors involved in meaning-making for clients.

Approved for 1 APA & ASWB CE

Hi there,

You are invited to a Zoom webinar.

When: Mar 26, 2021 08:30 AM Pacific Time (US and Canada)

Topic: Friday Plenary

Please click the link below to join the webinar:

<https://georgefox.zoom.us/j/93739731554>

Or One tap mobile :

US: +13462487799,,93739731554# or +16699006833,,93739731554#

Or Telephone:

Dial(for higher quality, dial a number based on your current location):

US: +1 346 248 7799 or +1 669 900 6833 or +1 253 215 8782 or +1 312 626 6799 or +1 646 558 8656 or +1 301 715 8592

Webinar ID: 937 3973 1554

International numbers available: <https://georgefox.zoom.us/j/93739731554>

🗣️ Speaker



James McNeil

1:30pm

I can't cope: University faculty and counselors discuss how to address the mental health needs of Gen Z, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 26

ACR-Academic/Research

Gen Z college students show significant increases in mental health needs. A panel of university mental health professionals and faculty will explore how clinicians and faculty can work together to address students' mental health needs and the role religion and spirituality play in improving student mental health. Workshops Objectives: Participants will be able to list three unique mental health needs of Gen Z college students; Participants will be able to describe how university clinicians and faculty are attempting to meet the mental health needs of Gen Z students and how religion and spirituality can play a part in coping skills, building resilience and improving counseling outcomes; Participants will be able to describe how university counseling centers and faculty can work together in prevention, early intervention, and counseling services to meet the mental health needs of Gen Z university students.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Brian E Eck, Ph.D. Professor and Chair Emeritus, Azusa Pacific University



Scott White Rosemead School of Psychology, Biola University



David Entwistle, Psy.D. Distinguished Professor of Psychology, North Greenville University



David Quagliana Lee University



Nathaniel Fernandez Psychologist/Outreach Coordinator, Azusa Pacific University



James Brown Live Oak Psychological Associates

Healing from Sexual Betrayal Through the Power of Group Therapy, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 26

CEC-Counselor Ed

This workshop will explore the power of group therapy to help women who have been victims of sexual betrayal find freedom and healing. We will explore how an interpersonal trauma framework in conjunction with a narrative approach helps women move from crisis to thriving. Workshops Objectives: Participants will identify how the interpersonal nature of group dynamics can empower women to find their voice and make informed decisions that lead to freedom and increased self-efficacy; Participants will assess and identify the essential topics to cover with this population using the lens of interpersonal trauma and narrative therapy; Participants will practice group therapy interventions that encourage empowerment and positive meaning-making.

Approved for 1 APA & ASWB CE

🔊 Speakers



Lori Ryan Ph.D., LPC LPC and adjunct professor, Promises Counseling and Dallas Baptist University



Mentanna Campbell, Ph.D. LPC and Adjunct Professor, Promises Counseling and Texas Christian University

White Folk talkin' about stuff they don't always have to think about: Whiteness, Blackness, Christianity and Psychology, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 26

MF-Marriage & Family

The challenge of Kendi (2019), "We know how to be racist. We know how to pretend we are not racist. Now let's know how to be anti-racist" sets the stage for this panel exploration of white fragility and white stamina and the story of the Incarnation through the lens of psychological concepts such as enactments, the Moral Third, and mutual recognition. Workshops Objectives: Participants will explore the psychological literature related to whiteness as a color; white fragility as racism and white stamina as a means towards mending divisions; Participants will identify and apply psychological concepts such as the Moral Third and mutual recognition to the larger social context of racism; Participants will discuss and reflect on their own psychological development related to race and how this impacts their practice of psychotherapy.

Approved for 1 APA & ASWB CE

🔊 Speakers



Gwen White, Psy.D. Licensed Psychologist, Circle Counseling



Roy Barsness The Seattle School Of Theology And Psychology



Anita Sorenson Psychoanalytic psychotherapist, Private Practice

Ethical and Risk Management Issues During and in the Aftermath of COVID, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 26

CED-Counselor Ed

CP-Clinical Practice

The pandemic dramatically changed the way mental health services are being provided, and with those changes come new ethical/risk management challenges. Participants will learn key amendments that need to be added to informed consent documents for telemental health and in-person service. Ethical and risk issues specific to telemental health will be discussed. We will also explore office protocols that should be in place for in-person service during the pandemic and as it abates, and we will discuss pros and cons therapists should consider if they contemplate moving to an all teletherapy practice once the pandemic is

over. Workshop Objectives: Participants will summarize key elements to include when providing informed consent for telemental health services; Participants will recognize some of the ethical and risk issues involved in supplying clients with letters requesting leave from work due to the pandemic; Participants will summarize key elements to include when providing informed consent for returning to in-person mental health services as the pandemic subsides.

Approved for 1 APA & ASWB CE

Speaker



Randolph K. Sanders, Ph.D. Clinical Psychologist, Independent Practice

Getting Honest to End Hypocrisy: How we Celebrate Diversity and Ignore Disparities in Graduate Education, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 26

CP-Clinical Practice

This presentation examines disparities in graduate training for minority students. The current literature will be reviewed. Opportunities to address disparities and improve multicultural training across systems will be discussed. A discussion panel will invite mental health professionals to consider ways to work toward more effective, equitable, and just educational practices. Workshops Objectives: Review research on the current state of multicultural training, focusing on disparities for minority students and faculty; Present a Critical Race Theory framework to examine barriers and opportunities for equity within the current landscape of multicultural training; Consider recommendations for change in graduate multicultural mental health training in order to improve equity and justice in multicultural training through the application of Cultural Humility.

Approved for 1 APA & ASWB CE

Speakers



Jessica Pae Clinical and Training Director, Grace Counseling



Diane Lee, PsyD Postdoctoral Fellow, University of Colorado School of Medicine



Lisa Zimmerman LPC, Rudolph Counseling

Natural Born Cyborgs: Cognitive Extension and Emergent Integration, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 26

ACR-Academic/Research

The field of “cognitive extension” demonstrates that natural human capacities may be enhanced by incorporating items outside the human body. Psychotherapy may be conceptualized as a form of cognitive extension and clinical integration as an emergent possibility of the inextricable complexity of the incorporation of client and therapist. Workshops Objectives: Participants will be able to describe the concept of cognitive extension; Participants will be able to differentiate between deep and shallow coupling;

Participants will be able to articulate the concept of emergent integration and how to utilize the therapeutic setting for its emergence.

Approved for 1 APA & ASWB CE

Speaker



Brad Strawn, Ph.D. Freed Professor for the Integration of Psychology & Theology, Fuller School Of Psychology

What COVID 19 Taught Faculty About Managing Anxiety - our own and our students, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 26

CED-Counselor Ed

In this panel discussion, faculty from diverse campuses reflect on lessons learned and strategies implemented to manage faculty and student anxiety in the midst of the COVID-19 pandemic, and they identify lessons that they brought into the 2020-2021 academic year. Workshops Objectives: Participants will identify strategies that counselor educators employed to manage their own and students' anxiety as their institutions responded to COVID 19; Participants will describe effective strategies that faculty used to help students transition from traditional on-campus education to online education in Spring 2020; Participants will discuss the lessons that faculty learned from the pandemic that they have carried forward in the 2020-2021 academic year.

Approved for 1 APA & ASWB CE

Speakers



Toddy Holeman Professor of Counseling, Asbury Theological Seminary



Heather Gingrich, Ph.D. Denver Seminary



Todd Frye, Ph.D. Mid-America Nazarene University



Vicky Maclin, Psy.D. Associate Director of Counseling Programs, Gordon Conwell Theological Seminary



Winston Seegobin PROFESSOR OF CLINICAL PSYCHOLOGY, George Fox University

Using community strategies to improve marriage and partnerships: Counseling, psychology and church collaborations, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 26

Marriage ministry is an important focus of faith communities. Outcome data suggests marriage interventions have excellent short term and poor long term effect. This presentation will address empirically-derived factors which can increase the intended effect of marital and relational education ministry and how counselors and psychologists can use their expertise to support Christian ministry. Workshops Objectives: Participants will critique current models of marriage ministry in light of systems and learning theory presented in the workshop; Participants will select best practices options for the development of marriage ministry interventions within the participant's context; Participants will apply marriage ministry strategies present in this workshop towards the formation of marriage ministries within the participant's context.

Approved for 1 APA & ASWB CE

Speakers



Jim Sells Regent Univ



Jennifer Ripley, Ph.D. Professor of Psychology, Regent University



Desiree Frain Regent University



Nicole Urh Charis Institute Director of Media, Regent University

Having "The Talk": Reviving the Courage to Pursue Equality Through Practice and Advocacy, 1 APA & ASWB CE

 1:30pm - 2:30pm, Mar 26

Disciplines who understand human behavior are suitable to speak to societal unrest. However, traditional mental health services focus on intrapsychic variables, minimizing or neglecting issues of discrimination and oppression. This session invites clinicians to have "The Talk" about individual and advocacy strategies to serve racial and ethnic minority clients. Workshops Objectives: Participants will examine oppressive social and systemic roots of client problems; Participants will identify implicit and explicit biases within the therapeutic process; Participants will formulate strategies for social justice advocacy.

Approved for 1 APA & ASWB CE

Speakers



Dr. Jacqueline Smith Department Chair and MA Programs Director, Regent University



Beth Peterson Owner, Director, Therapist, Milan Christian Counseling

A Domain Based Approach to Integration, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 26

MF-Marriage & Family

The authors are presenting their domain-based approach to integration. The integrative domain framework will be summarized. A discussion of the integrative project to date and projections about it will occur in light of a domain approach. Workshops Objectives: Participants will differentiate five integrative domains; Participants will critically apply the domain framework to their own integrative attempts; Participants will discuss the future of integration in light of the a domain based approach.

Approved for 1 APA & ASWB CE

🗣️ Speakers



William Hathaway Dean, Regent University



Mark Yarhosue Dr. Arthur P. Rech & Mrs. Jean May Rech Professor of Psychology, Wheaton College

2:45pm

Gatekeeping Dispositional Deficiencies: The Challenges of Assessing and Remediating Character(s), 1 APA & ASWB CE

🕒 2:45pm - 3:45pm, Mar 26

CED-Counselor Ed

This session builds on the research and development of disposition assessments in counselor education (Garner, Freeman, & Lee, 2016). Presenters will introduce and describe formal and informal assessment of disposition within counselor education programs and training clinics. This program will allow participants identify and discuss challenges related to evaluating and remediating disposition across diverse counselor education programs and institution, including instances where students and faculty/supervisors shared divergent perspectives on the dispositional deficiencies noted. Presenters will delineate approaches to effective gatekeeping and remedial processes around disposition concerns. Workshops Objectives: Participants will understand the challenges of defining, operationalizing, and assessing student disposition within counselor education programs; Participants will understand the risks and benefits of remediating counseling student disposition; Participants will analyze and discuss remedial and professional development process for use within counselor education programs to ensure graduates are competent and fit to treat clients across diverse mental health settings.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Christopher Hull Department Head, Professor of Counseling, John Brown University



Tim Dinger Executive Clinical Director, Assistant Professor, John Brown University

Lament: A Christian practice for meaning-making AND The varieties of Christian views of suffering: Implications for meaning-making, 1 APA & ASWB CE

🕒 2:45pm - 3:45pm, Mar 26

MC-Multicultural/Diversity

Workshop 1: Lament is a powerful faith-based practice for making meaning in suffering. We review the theological foundations of lament, draw on Park's meaning-making model to situate it in the coping literature, report on the development of a measure, and illustrate its clinical application. **Workshop Objectives:** Participants will be able to describe the different components of biblical lament; Participants will be able to explain the importance of lament for meaning-making coping; Participants will be able to utilize the practice of lament to assist clients in making meaning in suffering.

Workshop 2: Drawing on Park's meaning-making model, we explore how Christian views of suffering relate to the experience and outcomes of suffering. We outline views of suffering represented among Christians, note their implications for guiding clients in meaning-making, and provide an overview of measure development and initial relationships to outcomes. **Workshop Objectives:** Participants will be able to explain Park's meaning-making model; participants will learn to assess the views of suffering informing clients' responses to events; participants will be equipped to utilize the various views of suffering to facilitate meaning-making in clients.

Approved for 1 APA & ASWB CE

🗣️ Speakers



M. Elizabeth Lewis Hall, Ph.D. Professor of Psychology, Rosemead School of Psych., Biola University



Kelly Kapic, Ph.D. Covenant College



Jason McMartin, Ph.D. Rosemead School of Psychology, Biola University

Anorexia Nervosa and the Effects of Trauma on the Weight Restoration Process, 1 APA & ASWB CE

🕒 2:45pm - 3:45pm, Mar 26

CED-Counselor Ed

Anorexia Nervosa (AN) is known to have high relapse rates and common comorbidity with childhood trauma (Malecki, Rhodes & Ussher, 2018; Khalsa et al., 2017). The purpose of this presentation is to educate participants about AN and trauma with the goal of improving care and decreasing relapse. **Workshop Objectives:** Participants will obtain knowledge and be able to identify the effects of trauma on individuals with anorexia nervosa; Participants will be able to describe and educate others about the weight restoration process, the possible impact of trauma on the weight restoration process in treating AN, and the possible interplay between trauma, the weight restoration process and relapse; Participants will be able to identify trauma interventions that may prove effective for the weight restoration process in treating and decreasing relapse in individuals with AN.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Tyler Rogers Associate Professor of Counseling, Richmond Graduate University



Abigail Smith Masters student, Richmond Graduate University

In the Room: Race, Trauma and the Therapeutic Alliance, 1 APA & ASWB CE

🕒 2:45pm - 3:45pm, Mar 26

CP-Clinical Practice

Do our clients of color feel safe to bring their whole selves and their whole experience into our therapy room? This seminar is an opportunity for therapists to safely explore concepts around race and racial trauma and to apply those concepts to better engage diverse clients in the therapy room. Workshops Objectives: Participants will be able to briefly summarize the legacy of racial trauma as experienced by people of color and the range of impacts it has on clients, including their ability to trust, their interpretations of social interactions, and their experience of safety in the therapy room; Participants will be able to explain ways in which therapists' lack of knowledge or assumptions about the experiences of people of color may negatively impact the therapeutic alliance and influence clinical judgment; Participants will discuss and apply recommendations for addressing racial concepts and experiences in the therapy room.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Cheryl Sparks Professor and Director of Marriage and Family, Eastern University



Dr. Roslyn Still Therapist, Still Counseling



Rochelle Grady Marriage and Family Therapist, Rochelle Grady LLC

A Neighborly Psychology: Applied Psychoanalysis, Real Integration, and the Reclamation of Relational Politics, 1 APA & ASWB CE

🕒 2:45pm - 3:45pm, Mar 26

MC-Multicultural/Diversity **PSY-Psychoanalytic**

The time for neighborhood is now. Psychoanalysis, an institution among many, faces a political reckoning. This paper calls for, and moves towards, a renewal of real-life integration in the way of locality and relationship. Drawing on contemporary psychoanalytic theory and political philosophy, a local neighborliness in political discourse is revived. Workshops Objectives: Participants will summarize the role psychoanalysis has played in diminishing American neighborliness, and see the potential for restorative contribution it currently wields; Participants will use a broader cultural lens to define creativity and politics, using these to situate their clinical work socially; Participants will practice relational psychoanalytic psychotherapy with the added intent to inject neighborliness in communal life.

Approved for 1 APA & ASWB CE

🗣️ Speaker



Nathaniel Strenger Director of Clinical Advancement, The Center For Integrative Counseling And Psychology

Counselor Training: Patterns of Compassion Satisfaction, Secondary Trauma, and Burnout in Counseling Graduate Students, 1 APA & ASWB CE

🕒 2:45pm - 3:45pm, Mar 26

CED-Counselor Ed

The prevalence of burnout in the counseling professions is well documented. This session will examine burnout patterns in graduate counseling students by comparing their wellness at different intervals in their graduate program. Which level is most at risk, and what can be done? As educators, we must not only teach skills but wellness strategies to prevent burnout and compassion fatigue. Counselors in training must learn to recognize their wellness state, recognize signs of burnout, and work to prevent harm to themselves and others. Workshop Objectives: Participants will gain knowledge of burnout and the effect that weighs on counselors in training; Participants will understand the research and pattern of burnout in graduate counseling students at different program levels; Participants will apply this knowledge to their supervisory roles and assist counselors in training to reduce potential burnout.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Stacey Lilley Assistant Professor, Liberty University



Angel Golson Mississippi State University

Intimate Partner Violence: Environmental and Treatment Considerations Following the Impact of COVID-19, 1 APA & ASWB CE

🕒 2:45pm - 3:45pm, Mar 26

CP-Clinical Practice

This presentation discusses the implications for clinicians working with domestic violence victims and survivors prior to and during the COVID-19 pandemic. It explores the challenges of the changing framework for counseling from traditional to telehealth services. Evidence-based treatments, interventions, and resources will be shared with participants. Workshops Objectives: Participants will assess changing statistics for domestic abuse and intimate partner violence (IPV) during the global pandemic; Participants will apply ethical principles in traditional and telemental health care; Participants will discuss interventions and evidence-based treatments, explore spirituality and the impact on treatment, and discover resources available to assist women in restoring healthy functioning

Approved for 1 APA & ASWB CE

🗣️ Speakers



Jama Davis Counselor Educator, Liberty University



Daria White Assistant Professor, Liberty University

Building Resilience: A Trauma-Informed, Community Psychology Response to COVID-19, 1 APA & ASWB CE

🕒 2:45pm - 3:45pm, Mar 26

MC-Multicultural/Diversity

COVID-19 presents psychological challenges in the United States and abroad. With the compounding impact of poverty, trauma, and access to physical and mental health services, many are vulnerable to the psychological impacts of COVID-19. Tools combining community psychology and public health offer tangible solutions for resilience in vulnerable populations. Workshops Objectives: Participants will describe the major tenets of a public health, community psychology informed model of care for COVID-19; Participants will Assess/analyze the specific mental health needs in a community following COVID-19 utilizing a Trauma-Informed Needs Assessment; Participants will apply a public health, community psychology informed model of care to their current contexts in light of COVID-19.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Heather Quagliana Professor of Psychology, Director Graduate Programs in Counseling, Lee University



Enid K. Eck, RN. MPH Healthcare Consultant, Former Regional Program Manager, Infection Prevention and Patient Safety Kaiser Permanente



Taylor Young, B.A. Lee University

Generations Deep: Exploring the impact of the story that began before our first breath, 1 APA & ASWB CE

🕒 2:45pm - 3:45pm, Mar 26

CP-Clinical Practice

We understand the importance of knowing our family history when it comes to things like diseases and disorders. But it is equally important to understand what we might have inherited that is far less obvious yet holds the power to influence the way we behave and the things we believe. Generations Deep is a unique learning opportunity designed to help you discover how unaddressed trauma and emotional wounds can have far reaching implications from one generation to the next. This is an inheritance much deeper and often less obvious than eye color or a quirky sense of humor. And when it comes to trauma, the definition of what qualifies might surprise you. This Seminar is based on the book Generations Deep, by Gina Birkemeier, MAC, LPC set for publication late 2020/early 2021. Workshops Objectives: Participants will learn the importance of generational impacts and how our epigenetics are the key influencers to our gene expression or repression; Participants will understand the importance of relational patterns and the covert inheritance that might be holding clients back; Participants will know the impact of emotionally corrective experiences and how to help clients identify them and capitalize on their benefits.

Approved for 1 APA & ASWB CE

 Speaker



Gina Birkemeier Crossroads Counseling Centers

4:00pm

Christian Meditation in Psychotherapy: A Four-Step Model for Targeting Transdiagnostic Mental Processes, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 26

ACR-Academic/Research

Drawing upon his forthcoming client workbook with InterVarsity Press, the presenter explores the use of Christian meditation in clinical practice, applying a theoretically-grounded, four-step model for targeting transdiagnostic mental processes when working with Christian clients in psychotherapy. Workshops Objectives: Participants will be able to describe the burgeoning clinical psychology literature on transdiagnostic mental processes (i.e., repetitive negative thinking, distress intolerance, behavioral avoidance, perfectionism, impaired mentalization); Participants will be able to describe a four-step, theoretically-grounded Christian meditative model for working with Christian clients in psychotherapy; Participants will be able to describe several specific Christian meditative interventions for targeting transdiagnostic mental processes when working with Christian clients in psychotherapy.

Approved for 1 APA & ASWB CE

 Speaker



Joshua Knabb, Psy.D., ABPP Associate Professor of Psychology, California Baptist University

Making Sense of Grace: Diverse Christian Apprehensions of Divine Grace, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 26

CED-Counselor Ed

Utilizing a standard interview protocol across multiple studies, this symposium will present qualitative findings of how divine grace is understood from a Catholic, Evangelical, Mainline Protestant, and Friends perspective. An additional presentation will integrate these various perspectives. Workshops Objectives: Participants will identify common perceptions of divine grace across multiple Christian groups; Participants will identify different perceptions of divine grace across multiple Christian groups; Participants will discuss how different understandings of divine grace among Christians enhance and elevate human flourishing.

Approved for 1 APA & ASWB CE

 Speakers



Peter Hill, Ph.D. Director, Office of Academic Research and Grants, Biola University



M. Elizabeth Lewis Hall, Ph.D. Professor of Psychology, Rosemead School of Psych., Biola University



Adam Hodge Graduate Student, University of North Texas



Hunter Harwood, M.A. Doctoral Student, Rosemead School of Psychology, Biola University



Lindsay Snow, Ph.D. Post-Doc, Rosemead School of Psychology, Biola University



Kyle Webster Doctoral Candidate, George Fox University

Black-White Biracial Christians, Discrimination, and Mental Health, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 26

CED-Counselor Ed

In this session, we review preliminary findings from a study exploring the role that discrimination, racism, and daily multiracial challenges play in the mental health and well-being of Black-White biracial Christians. We describe factors that may moderate or mediate the experience of discrimination and we propose strategies for clinical intervention. Workshops Objectives: Participants will be able to describe the role that racism, discrimination, and daily multiracial challenges play in the mental health and well-being of Black-White biracial Christians; Participants will be able to describe the factors that moderate and mediate the experience of racism and discrimination in the lives of Black-White biracial Christians; Participants will be able to describe potential areas of prevention and intervention when working with biracial Black-White Christians in a clinical context.

Approved for 1 APA & ASWB CE

📣 Speaker



Veola Vazquez Professor of Psychology, California Baptist University

Intimacy Over Chaos: Addressing Sexual Addiction in Marriage with Restoration Therapy, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 26

MC-Multicultural/Diversity

In Christian marital therapy, the presenting problem of sexual addiction is often treated behaviorally using a "zero tolerance" policy. While the threat to emotional safety must be addressed, Restoration Therapy also gives the therapist the opportunity to explore sexual addiction as an unhealthy coping behavior coming from deeply rooted identity issues. Workshops Objectives: Participants will identify the distinctive elements of a professional approach using Restoration Therapy to treat sexual addiction in the context of marital therapy; Participants will discuss the comparative benefits and challenges of applying a Restoration Therapy approach to treating sexual addiction, as it connects identity struggles to the typical presenting problem of emotional (and, sometimes, physical) safety; Participants will pursue greater familiarity with Restoration Therapy as a compassionate, relevant, and comprehensive approach to treating sexual addiction in the context of marital therapy.

Approved for 1 APA & ASWB CE

Speakers



Erik Salwen Assistant Professor, Dallas Theological Seminary



Todd Parish LPC-Associate, Christ the King Counseling Center

Speaking the Client's Language, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 26

CP-Clinical Practice

Clinical demonstration of creative therapy techniques to build significant change points in therapy. By incorporating creative modalities familiar to clients, a greater degree of meaning and depth are available within the therapeutic change process. This workshop will present several key examples of creative interventions. Some interaction from attendees is expected. Workshops Objectives: Participants will be able to explain history of creative approaches in therapy and their importance in encouraging greater depth of change in working with clients; Participants will describe approach to creative therapy techniques and apply these approaches in meaningful ways to client populations; Participants will create unique intervention strategies for client's needs and individual language and demonstrate the application of these techniques for various client populations.

Approved for 1 APA & ASWB CE

Speaker



Jennifer Burgess, PsyD Assistant Professor - Psychology and Counseling, Criswell College

Creative Strategies for Fostering Cognitive Complexity Development in Supervision, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 26

CP-Clinical Practice

The current seminar aims to equip supervisors and educators with evidence-based and creative strategies to foster the development of cognitive complexity. Participants will observe and practice individual and group supervision techniques aimed to enhance cognitive complexity and self-reflective skills toward promoting greater cultural competency, empathy, and clinical flexibility. Workshops Objectives: Participants will identify four cognitive and emotional competencies that reduce clinician bias and promote cultural competence; Participants will observe three evidence-based pedagogical techniques that foster cognitive complexity with different roles and foci of supervision models; Participants will practice three creative, expressive strategies that enhance multiple perspective-taking in group supervision.

Approved for 1 APA & ASWB CE

Speakers



Mandy Kellums Baraka, Ph.D. Assistant Professor and Interim Program Director, Huntington University



Terri Watson, PsyD, ABPP Dean & Professor, School of Psychology, Counseling & Family Therapy, Wheaton College

Creative Integration Activities Throughout the Undergraduate Psychology Curriculum, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 26

CED-Counselor Ed

Effectively teaching the complexities of integration of faith and psychology should occur throughout an undergraduate psychology curriculum. Based upon research on both effective pedagogy and the experiential learning styles of GEN Z, we propose 10 creative integration strategies to utilize across an undergraduate curriculum. Workshops Objectives: Participants will describe unique characteristics of GEN Z including their strengths in creative and experiential learning; Participants will apply 10 creative teaching strategies across an undergraduate psychology curriculum; Participants will Assess/analyze a teaching pedagogy that values creativity and experiential learning including application of integration to future clinical settings.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Heather Quagliana Professor of Psychology, Director Graduate Programs in Counseling, Lee University



Brian E Eck, Ph.D. Professor and Chair Emeritus, Azusa Pacific University

Mental Health in the LGBTQ+ Community: The Role of Family Support and Functioning, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 26

PSY-Psychoanalytic

The LGBTQ+ population often struggles with adverse mental health symptoms as they face discrimination and stigma, but family support and healthy functioning may correlate to better mental health outcomes. This presentation will address the role of the family for LGBTQ+ persons and implications for mental health treatment. Workshops Objectives: Participants will be able to identify the sexual identity development process for sexual minorities and how this process impacts mental health; Participants will be able to discuss the role of family support and functioning as it relates to mental health and sexual identity development for the LGBTQ+ population; Participants will be able to identify evidence-based modalities for working with the LGBTQ+ population and their families.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Kate Worley Trevecca Nazarene University



Susan Lahey Professor, Trevecca Nazarene University

Religious and Spiritual Ethics in Counseling, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 26

PSY-Psychoanalytic

Dealing with religious and spiritual values in the mental health field can be an overwhelming task. Questions involving personal values and ethical guidelines will be discussed. This session will focus on helping professionals gain an understanding about how to ethically approach spiritual and religious values while working with clients. Workshops Objectives: Participants will gain an understanding of how religious and spiritual values can impact the counseling process; Participants will learn what the American Counseling Association and the American Psychology Association code of ethics states about religious and spiritual values in counseling; Participants will expand their knowledge about how to ethically address religious and spiritual values in counseling.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Angel Golson Mississippi State University



Capri Brooks, Ph.D. Liberty University

5:15pm

An Emic Approach to Gratitude to God: Toward a Christian Understanding of Thankfulness in All Seasons, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 26

CED-Counselor Ed

In this one-hour session, the presenters explore gratitude to God from an emic, distinctly Christian perspective, focusing on current research in the psychology literature, "insider" assessment and intervention strategies for Christian adults, and psychological correlates of this uniquely Christian construct. Workshops Objectives: Participants will be able to describe the current psychology literature on gratitude and gratitude to God, including both assessment and intervention strategies; Participants will be able to describe an empirically-confirmed emic measure for assessing gratitude to God among Christian populations, focusing on its reliability and validity; Participants will be able to describe a theoretically-grounded emic intervention strategy for cultivating gratitude to God among Christian populations.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Joshua Knabb, Psy.D., ABPP Associate Professor of Psychology, California Baptist University



Veola Vazquez Professor of Psychology, California Baptist University



Robert Pate, Psy.D. Director of Clinical Training, Associate Professor, PsyD Program, California Baptist University



Kenneth Wang Professor, Fuller Theological Seminary

Engaging students in Black Lives Matter and Civil Rights: A panel discussion, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 26

ACR-Academic/Research

The Black Lives Matter movement as a new Civil Rights movement has had a significant impact on college students. Positive responses of faculty and campus centers or initiatives will be discussed as potential ways to engage students in social justice. Faculty will address working within educational goals and objectives, providing support and care for students, and managing their own reactions to social injustice while also being role models to students. Special focus is given to training professional counselors and psychologists in advocacy for social justice. Workshops Objectives: Participants will describe advocacy for social justice on college campuses; Participants will interpret positive responses of faculty to their own professional context; Participants will employ social justice advocacy in mentoring and training.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Jennifer Ripley, Ph.D. Professor of Psychology, Regent University



Cassandra Page Director of Psychological Services Center, Regent



Hannah Jones Assistant Professor, Regent University



Winston Seegobin PROFESSOR OF CLINICAL PSYCHOLOGY, George Fox University



Vickey Maclin, Psy.D. Associate Director of Counseling Programs, Gordon Conwell Theological Seminary

B.R.E.A.K. F.R.E.E.: A C.B.T. Approach for Counselors Addressing Fear and Anxiety, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 26

MF-Marriage & Family

Counselors can rely on the evidenced-based practices of C.B.T. to meet the needs of clients struggling with anxiety. B.R.E.A.K. F.R.E.E. is one comprehensive, C.B.T. approach that can be used with clients of all ages. This plan arms counselors with practical tools that can be used with or without a biblical integration. Workshops Objectives: Participants will be able to explain the rising rate of anxiety and factors contributing to anxiety in our youth and the general population; Participants will be able to explain the development of stress, fear, and anxiety through a cognitive lens; Participants will be able to apply a comprehensive, evidenced-based approach with clients struggling with overwhelming fear and anxiety.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Deedre Mitchell Associate Professor of Counseling, Liberty University



Denise Ebersole Associate Professor of Counseling, Liberty University



Laura Martin Associate Professor, Liberty University

Considering Moderators and Mediators of Religiosity on the Dimensions of Grace Scale, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 26

CP-Clinical Practice

This symposium presents findings on Bufford, Sisemore, & Blackburn's (2017) Dimensions of Grace Scale (DGS). Results indicated several facets of self-compassion mediate and moderate religiosity's (DUREL) prediction of the experience of Gods' Grace, Costly Grace, Grace from Others, Grace to Others, and Grace to self subscales (DGS). Results provide support for the validity of the DGS instrument and suggest complexity in understanding how religious faith impacts experiences of grace.

Workshops Objectives:

1. Participants will be able to describe the concept of grace and ways to measure grace;
2. Participants will be able to identify ways in which personal religiosity moderates the relationship between the dimensions of grace, Self Compassion, and cultural humility;
3. Participants will be able to describe ways to use personal religious characteristics and grace information to better understand individual religious spiritual functioning.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Kenneth Logan Professor & Licensed Psychologist Graduate School of Clinical Psychology, George Fox University



Rodger Bufford Professor, Graduate School of Clinical Psychology at George Fox University

Enneagram and Self-Awareness in Mental Health Practice, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 26

MF-Marriage & Family

We bring our whole selves into the therapeutic relationship. Whatever we fail to recognize or understand about ourselves we cannot avoid or utilize. Enneagram personality typology is historically rooted in the spiritual. It is a valuable tool in self-awareness and is applicable to use with clients. Workshops Objectives: Participants will be introduced to the basic concepts of Enneagram typology to consider further study for personal and professional use; Participants will identify elements of the use of Enneagram in their personal and professional lives; Participants will evaluate the WEPSS Enneagram inventory and compare it to other Enneagram inventories.

Approved for 1 APA & ASWB CE

🗣️ Speaker



Nikki Erwin MFT Assistant Clinical Director, Lead Professor of Marriage and Family Ministry at LEC Campbellsville University, Campbellsville University Lec

Wellness Strategies for Counselors: The Ethical Responsibility to Prevent Impairment, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 26

CP-Clinical Practice

Counselors have a responsibility to avoid the professional impairment associated with vicarious trauma and compassion fatigue, which may lessen empathy over time, by focusing on prevention through wellness strategies. This presentation will focus on best practices for counselors, counselor educators, and counselors-in-training to prevent impairment using evidence-based wellness strategies. Workshops Objectives: Participants will analyze the research on wellness strategies that help prevent impairment, compassion fatigue, burnout, and vicarious trauma; Participants will describe the ethical responsibility as mandated in the ACA code of ethics to avoid professional impairment by engaging in wellness strategies; Participants will practice two research-based wellness strategies applicable to counselor education and aimed at preventing impairment: a basic mindfulness exercise and an anchoring activity.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Kristy Michelle Ford Assistant Professor, Liberty University



Stacey Lilley Assistant Professor, Liberty University

6:15pm

Poster Presentations

🕒 6:15pm - 7:30pm, Mar 26

Please find the Posters by making your way to the Main Navigation list. Your link to all the poster presentations is the fifth one in that list.

8:00pm

CAPS Diversity Dinner

🕒 8:00pm - 9:00pm, Mar 26

📍 Join Zoom Meeting <https://regent.zoom.us/j/7573524896>. Meeting ID: 757 352 4896

MC-Multicultural/Diversity

You are invited to a Diversity Dinner at the CAPS Conference

The McNeil Scholars will be honored in this dinner and there will be breakout discussion groups regarding efforts towards the promotion of diversity. Keynote speaker David Wang will be in attendance as well as others with an interest.

8:00-8:05 people arriving.

8:05 - 8:15- Introduce the McNeil Scholars & Mentors

8:15-8:20 Presentation about their experience with McNeil Scholars Program

8:20 - 8:30 Discussion

8:30-8:45 small group discussions in Zoom rooms.

1. Share why you decided to attend this discussion hour, and your interests or work in diversity.
2. How do you think CAPS could be more inclusive and welcoming as a community to diverse people?
3. What would you recommend to the CAPS Board and leadership about future conferences or efforts to increase hospitality and welcoming?

8:45-9:00 reporting back from small groups and further discussion.

Sat, Mar 27, 2021

10:00am

Counselor Educator Breakfast

🕒 10:00am - 11:00am, Mar 27

📍 Here is the Zoom link for the meeting- <https://us04web.zoom.us/j/78858398237?pwd=ZlFjUk1XemxlcXRrdS83VktUN3F0Zz09>

CED-Counselor Ed

Please consider joining the Counselor Educators for breakfast on Saturday on Zoom

Counselor Educators breakfast on Saturday morning

March 27th at 10am EST/7 am PST

11:00am

Cultural Competency for the Helping-Professionals in an Age of Globalization, Secularization, Digitalization, and Radicalization, 1.0 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 27

CP-Clinical Practice

Abstract

Cultural Awareness and Competency are on the forefront of many clinical helping-professions and training fields-disciplines. The rapid mixing of cultures, secularizing of values, digitalizing of relationships, and polarizing of politics are presenting significant challenges to all helping

professions. This seminar will discuss how to adjust our mindset, approach, worldview, attitude, and clinical care to the needs of this unsettling 21st century?

Workshops Objectives ~ Participants will be able to:

1. List two characteristics of the globalization, internationalization, and secularization trends
2. Describe three spheres where polarization and radicalization are growing, locally and internationally.
3. Recite two ways how cultural competency can be applied in the helping-professions, education, leadership, counseling, and psychotherapy.

Approved for **1.0 APA** & ASWB CE

 **Speaker**



Naji Abi-Hashem, PhD Member Care International & Independent Scholar

Exploring Issues of Diversity and Race in Counselor Education Through the Use of Sandtray Therapy, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 27

ACR-Academic/Research

All counselor educators and therapists should continue to struggle with and grow regarding diversity and racial issues. This is true when working across the developmental spectrum. This workshop explores the use of sandtray therapy to explore and build diversity awareness. Workshops Objectives:

- Participants will be able to identify the need to be sensitive and aware of the variances between a client's race and culture and the counselor educator's own race and culture.
- Participants will be able to discuss how these variances impact the counselor-student and therapist-client relationships, both in the classroom and therapy room.
- Participants will be able to explain how sandtray therapy can be used effectively to identify and process issues of diversity, privilege, and marginalization in the classroom and therapy settings.

Approved for 1 APA & ASWB CE

 **Speakers**



Daniel Sweeney Professor of Clinical Mental Health Counseling, George Fox University



Unique L. Page, PhD candidate Faculty/Director Portland Counseling and Training Center, George Fox University, Graduate School of Counseling

Exploring Complexities of Relational Virtues and Flourishing: Clinical Dialectics in Dialogue, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 27

CP-Clinical Practice

This symposium presents a framework for deepening psychotherapy by fostering clients' well-being, beyond just symptom reduction. We review empirical evidence for the notion that growth in relational virtues fosters flourishing, and consider contributions of affect regulation and relational development processes. Developmental dialectics of envy/gratitude, narcissism/humility, and hatred/forgiveness are explored clinically and theologically. Workshops Objectives: Participants will explore empirical evidence for relational virtues in promoting client well-being and flourishing; Participants will consider the role of relational virtues in transdiagnostic and transtheoretical change processes in treatment; Participants will identify strategies to work effectively with envy, narcissism, and hatred in the clinical encounter.

Approved for 1 APA & ASWB CE

Speakers



Laura Captari Postdoctoral Research Associate, The Albert & Jessie Danielsen Institute Full-time



Peter J Jankowski Associate Professor, Bethel University



Steve Sandage Boston University



Carissa Dwiwardani, Ph.D. Associate Professor, Azusa Pacific University

Gen Z College Students' Mental Health during a Pandemic: A Preventative Outreach Initiative, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 27

MF-Marriage & Family

The coronavirus pandemic, accompanying stay-at-home orders, and remote education have exacerbated the mental health crisis in America, especially for Gen Z college students (APA, 2020). We present cross-sectional data from a faith based university campus regarding students' mental health and the efficacy of a preventative mental-health outreach program. Workshops Objectives: Participants will be able to describe current trends in GenZ student depression, loneliness, anxiety, and stress during the Covid-19 pandemic; Participants will be able to describe approaches to mental illness prevention programming for GenZ students at colleges and universities; Participants will be able to identify common challenges in implementing mental illness prevention programming using distance learning platforms (e.g. zoom), and will learn strategies to circumvent these challenges.

Approved for 1 APA & ASWB CE

Speakers



Nathaniel Fernandez Psychologist/Outreach Coordinator, Azusa Pacific University



Brian E Eck, Ph.D. Professor and Chair Emeritus, Azusa Pacific University



Brian Collisson, Ph.D. Associate Professor, Department of Psychology, Azusa Pacific University

Christian considerations in empirically-based treatment of disruptive behavior disorders in youth, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 27

ACR-Academic/Research

We will present an overview of the main components of empirically well-established psychosocial treatments for childhood disruptive behavior disorders, including oppositional defiant disorder (ODD) and conduct disorder (CD), as well as Christian biblical and theological considerations in applying these empirically-supported interventions. Workshops Objectives: Participants will identify the main components of empirically-supported psychosocial treatments for disruptive behavior disorders in youth; Participants will identify biblical and theological concepts that may play a significant role in the treatment of childhood disorders; Participants will apply these biblical and theological concepts to the implementation of empirically-supported treatments for disruptive behavior disorders.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Sarah Hall Associate professor of psychology, Wheaton College



Kelly Flanagan, Ph.D. Florissa Center

Self-Acceptance: A Pathway to Minimizing Psychological Distress in Christian Sexual Minority Students, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 27

ACR-Academic/Research

While intrinsic religiosity and social support predict psychological distress in Christian sexual minority students, self-acceptance mediates these relationships. Thus, fostering self-acceptance, regardless of their held beliefs about faith and sexuality, is important to the welfare of these students. Workshops Objectives: Participants will discuss current research findings regarding self-acceptance and psychological distress in religious/spiritual sexual minorities, particularly recognizing limited conceptualizations of self-acceptance and its interactions with religion/spirituality; Participants will investigate how both intrinsic religiosity and social support predict psychological distress in Christian sexual minority students and how self-acceptance serves as a key mediator in these predictive relationships; Participants will foster the development of self-acceptance, in alignment with the clients' religious/spiritual values, through social relationships and intrinsic religiosity in order to improve mental health outcomes in religious/spiritual sexual minorities.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Janet Dean, Ph.D. Associate Professor of Psychology, Asbury University



Stephen Stratton Professor of Counseling and Pastoral Care, Asbury Theological Seminary



Mark Yarhosue Dr. Arthur P. Rech & Mrs. Jean May Rech Professor of Psychology, Wheaton College

Developing a Culturally Humble Supervisor: Implications for Personal Development, the Supervisory Alliance, and Client Care

🕒 11:00am - 12:00pm, Mar 27

ACR-Academic/Research

In this workshop, participants will engage with the topic of virtue development, cultural humility, and its implications for clinical supervision. The focus will be on the personal development of humility for the supervisor/supervisee, how humility strengthens the supervisory alliance, and the benefit of cultural humility on client care. Workshops Objectives: Participants will be able to summarize the core components of humility and assess the presence or absence of humility in their personal work as supervisors; Participants will be able to explain the relevance of cultural humility in the training of clinical supervisors and the maintenance of the supervisory alliance.

🗣️ Speakers



Deanna Towns Instructor of Clinical Counseling, Bethel University



Ashlyn Jones, MS, LPC, NCC Associate Professor, Regent University

Integrative Psychotherapy to Increase Client Resilience, Manage Stress, and Create a Healthy Alliance between Mind, Body, and Spirit, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 27

MC-Multicultural/Diversity

This presentation shows how integrative psychotherapy can increase clients' resilience by creating healthy alliances between mind, body, and spirit. This session will impart insights for managing stress, promoting healthy living, and practicing spirituality to best fit clients' personal worldviews. Participants will discover practical tools to promote psychosocial and spiritual care. Workshops Objectives: Participants will discuss methods of integrative psychotherapy that focus on client strengths and spiritual perspectives to promote new methods of managing stress and creating strategic life changes toward a more positive future; Participants will evaluate the research regarding the importance of integrative psychotherapy including wellness-based counseling and holistic approaches with a focus on psychosocial and spiritual supports; Participants will apply the knowledge of integrative psychotherapy and holistic principles to promote a client's healing on emotional, physical, mental, and spiritual levels.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Holly Johnson Assistant Professor, Liberty University



Jeffrey Boatner Core Faculty Member, Liberty University



Steve Warren Liberty University

Intersectionality: Race, Gender & Integration in an Epoch of Change, 1 APA & ASWB CE

🕒 11:00am - 12:00pm, Mar 27

CP-Clinical Practice

For psychoanalytically oriented clinicians, this epoch in human history is of particular interest: so many of our unconscious perspectives, biases, hopes and fears have been propelled to conscious awareness in unprecedented ways. In light of the complexities of many appalling social realities, particularly as they regard to the experiences of race and gender that have been highlighted in the last 5 years (e.g. Black Lives Matter, #MeToo) might intersectionality theory aid our understanding of these realities and shape the our response to them as integrators?

Workshops Objectives:

- 1) Participants will develop a clear understanding of intersectionality theory
- 2) Participants will be able to describe the relevance of social location and social justice in light of Biblical principles that are valued by religious audiences from the Christian tradition
- 3) Participants will be able to articulate practical next steps for application of intersectionality theory for clinical practice, research and educational spheres.

Approved for 1 APA & ASWB CE

🗣️ Speaker



Christin Fort Asst. Prof. of Psychology , Wheaton College

12:15pm

Plenary: Positive Psychology, Religion, and Spirituality: Leveraging the resources of science and faith for social action and community renewal, 1 APA & ASWB CE

🕒 12:15pm - 1:15pm, Mar 27

ACR-Academic/Research

CED-Counselor Ed

CP-Clinical Practice

MC-Multicultural/Diversity

MF-Marriage & Family

PSY-Psychoanalytic

Prilleltensky (1997) argued that knowledge should be a tool of social action. If this is indeed the case, should not the wealth of knowledge created by and available to Christian mental health professionals be leveraged to benefit society and directly facilitate community renewal? Accordingly, this plenary address will explore how efforts in research, scholarship, and practice can contribute to a vision of community renewal that is grounded in Christian character and formation as well as empirical science. Workshops Objectives: Explore the literature (in positive psychology and the psychology of religion and spirituality) related to a holistic view of human flourishing—one that incorporate biological, psychological, social, and spiritual well-being; Identify and apply practices in which mental health professionals can leverage their professional training

beyond the context of individual interventions within a psychotherapy setting; Discuss and reflect on their own professional development related to community-level interventions.

Approved for 1 APA & ASWB CE

Hi there,

You are invited to a Zoom webinar.

When: Mar 27, 2021 08:30 AM Pacific Time (US and Canada)

Topic: Saturday Plenary

Please click the link below to join the webinar:

<https://georgefox.zoom.us/j/98527581562>

Or One tap mobile :

US: +16699006833,,98527581562# or +12532158782,,98527581562#

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Webinar ID: 985 2758 1562

International numbers available: <https://georgefox.zoom.us/j/98527581562>

Speaker



David Wang Associate Professor of Psychology; Licensed Clinical Psychologist, Biola University/Rosemead School of Psychology

1:30pm

In Search of the Archetypes: Lewis, Jung, and the Hunt for the Logos, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 27

CP-Clinical Practice

PSY-Psychoanalytic

C.S. Lewis and Carl Jung approached the human condition from different disciplines, yet there are surprising convergences in their understandings of humanity, archetype, and myth. What if they were both, in their own ways, veering toward the same Thing? And, if they were, how might that impact the ways we approach our faith and therapeutic practice? Workshops Objectives: Participants will discuss the essence of myth and archetype as ways to understand the human experience; Participants will describe the similarities and differences between Carl Jung and CS Lewis' theory of the human condition and apply this to a broader understanding of the self; Participants will identify ways in which the desire for archetype and Logos impact their own understanding of patients, and how Jung and Lewis described our desire for an ultimate archetype to make meaning.

Approved for 1 APA & ASWB CE

Speakers



David Lawson Professor of Counseling, Palm Beach Atlantic University



Peter Copan Professional Book Summarizer, Venture Tech Full-time

Engaging Couples and Families in Online Therapy: Hearing the Voices of All Participants in an Online Therapy Session, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 27

CED-Counselor Ed

Treating couples and families conjointly in an online environment has its challenges. In this session, many of these issues will be addressed by a therapist who has been in online practice since 2006. The session focuses upon such things as selecting an appropriate platform, tips for engaging the voices of all participants in the session, requiring an external camera, screening for risk, and more. Workshops Objectives: Participants will be able to explain how to ask questions that will engage couples and families in online therapy given the systemic nature of conjoint therapy; Participants will compare the advantages of requiring clients (Couples and Families) to use an external camera in order to see them head to toe in online therapy, versus using a traditional online therapy video arrangement in which clients are only seen from the neck up; Participants will be able to articulate how to screen and make decisions about seeing couples and families online in a conjoint manner.

Approved for 1 APA & ASWB CE

🗣️ Speaker



Dale Bertram Professor of Marriage and Family Therapy, Campbellsville University

The Intersection of Gender Identity and Faith in Christian Higher Education: A Consensual Qualitative Research Analysis, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 27

ACR-Academic/Research

Interviews with ten students from different Christian colleges and universities were analyzed using Consensual Qualitative methodology to produce a rich description of the complex cultural situations in which gender identity and religion/spirituality interact. Christian undergraduate voices will present their collegiate experience with advice for other students and institutional leaders. Workshops Objectives: Participants will discuss current research findings regarding campus atmosphere/climate and the perceived experience of engaging gender identity development with peers, staff, faculty and other resources on campus (i.e., counseling services); Participants will demonstrate understanding of advice for peers and institution from Christian students who are living at the intersection of gender identity and faith during undergraduate years; Participants will apply new insights into the interaction of gender identity and religious/spiritual identity for Christian college professionals in student development and counseling services.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Stephen Stratton Professor of Counseling and Pastoral Care, Asbury Theological Seminary



Janet Dean, Ph.D. Associate Professor of Psychology, Asbury University



Mark Yarhosue Dr. Arthur P. Rech & Mrs. Jean May Rech Professor of Psychology, Wheaton College



Jeffrey Reed, Ph.D. Assistant Visiting Professor, Eastern KY University



Gregory Koprowski, M.A.

The Enneagram: Review of Research and Practical Applications for Therapy and Ministry, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 27

ACR-Academic/Research

CED-Counselor Ed

CP-Clinical Practice

This presentation aims to (a) provide a brief overview of the Enneagram personality types, (b) review the empirical research on the Enneagram, (c) provide practical applications and case study examples for using the Enneagram in therapy, and (d) provide guidelines for practical applications of the Enneagram in churches and ministry. Workshops Objectives: Participants will understand the Enneagram personality structure and identify current trends in the research of the Enneagram; Participants will apply practical strategies to utilize the Enneagram to understand clients and enhance therapeutic processes; Participants will apply practical strategies to utilize the Enneagram to enhance ministry and understand how Enneagram types impact churches and religious leaders.

Approved for 1 APA & ASWB CE

🗣️ Speakers



David Mosher Assistant Professor of Psychology, Abilene Christian University



Josh Hook Associate Professor of Psychology, University of North Texas



Todd Hall Professor of Psychology, Rosemead School of Psychology



Don Davis, Ph.D. Assistant Professor, Georgia State University



Equipping Graduate Counseling Students to Ethically Navigate Values Differences, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 27

CED-Counselor Ed

Counselor educators may struggle to educate their students to adhere to the ACA Code of Ethics (2014) standard A.4.b., regarding values imposition. Pedagogical strategies to ethically instruct students to manage values differences will be presented. Counselor educators will reflect on their personal and professional values and how those values impact instruction. Workshops Objectives: Participants will be able to assess and critique the current literature and relevant course cases informing values differences in counseling; Participants will prepare to use best practices and pedagogical strategies to educate students to ethically manage values differences; Participants will reflect on their own personal and professional values and analyze how those values might shape instruction.

Approved for 1 APA & ASWB CE

🗣️ Speaker



Jenny Chien Assistant Professor of Counseling, Grand Rapids Theological Seminary

Atonement as a necessary element in the treatment of relationship betrayals in Gottman Method Couples Therapy, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 27

CED-Counselor Ed

A model beginning with atonement is presented for offering effective counseling for emotional, sexual, and financial betrayals in relationships. Specific principles from the Gottman Method of Couples Therapy are reviewed. Challenges and victories based on counselor cases are provided. Workshops Objectives: Participants will assess Gottman Method Couples Therapy principles in effective treatment of sexual, emotional, and financial relationship betrayals; Participants will compare victories and challenges associated with the treatment of relationship betrayals; Participants will analyze and select techniques specific to treating relationship betrayals.

Approved for 1 APA & ASWB CE

🗣️ Speakers



David Walther Pastor of Counseling, Scottsdale Bible Church



Dr. Christine Bielinski Licensed Professional Counselor, Elite Performance & Counseling, LLC

Christian Accommodative Mindfulness: Current Research and Group Protocol, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 27

CP-Clinical Practice

Christian clients sometimes worry about the Eastern origins of mindfulness-based treatments. We define Christian accommodative mindfulness (CAM), examine current research, and present a group CAM protocol. This protocol focuses on scripture meditation, breath meditation, body awareness, and lovingkindness meditation. Handouts for individual therapy applications will be included. Pilot study findings on the group approach will also be presented. Workshops Objectives: Participants will describe various religious concerns for some Christian clients when they consider mindfulness as a component of therapy and methods for addressing these issues; Participants will identify specific group and individual-adapted Christian-adapted mindfulness strategies; Participants will analyze the current research on Christian accommodative mindfulness and results of a recent pilot study.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Fernando Garzon Assistant Dean, Professor, Regent University



Nelsie Berberena Graduate Student, Regent University



AJ Benitez, M.A. Regent University



Ashley Jens, M.A. Regent University



Yaa Tiwaa Offei Darko Graduate Student, Regent University

The Articulation of Christian Mental Healthcare: New Meaning. New Methods. New Ministries, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 27

CP-Clinical Practice

This presentation describes trends in mental health care ministry. Primarily how the church assumes new roles as mental health providers. Second, these roles create divergence for CAPS, Christian educators and clinicians in consultation, supervision and delivery. Finally, we will openly discuss idea generation regarding innovation in mental health. Workshops Objectives: Participants will describe the current mental health data on mental health developments and directions; Participants will explain ministry innovations which create new work paths for the Christian mental health professional practice, ministry, and education; Participants will strategize innovative directions for CAPS to address changes in the mental health field.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Amy Trout Wheaton



Jim Sells Regent Univ

Assessing multicultural orientation in graduate counseling students through study abroad experiences, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 27

ACR-Academic/Research

As study abroad and cultural immersion experiences continue to grow in popularity, counselor education programs should consider not only the benefits of these experiences for student development, retention, and overall satisfaction, but also for students to learn and cultivate multicultural competency (MCC) development and multicultural orientation (MCO) understanding. This presentation will address the importance of utilizing study abroad programs as platforms for learning both MCCs and MCOs. Workshops Objectives: Participants will be able to explore research-supported criteria for developing transformative and integrative learning opportunities within immersive cultural experiences and service learning activities; Participants will be able to discuss the benefits of immersion and service learning experiences to students, faculty, and the communities in which they are embedded; Participants will be able to discuss how cultural humility, cultural opportunities, and cultural comfort can increase multicultural learning when working with cultural different persons in a clinical setting.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Brandi Chamberlin, Ph.D. Department Chair, Liberty University



Jerry Vuncannon Jr, Ph.D. Regent University



Jama Davis Counselor Educator, Liberty University



David R. Brown, Ph.D. Associate Professor, Liberty University

Embodying Inner Resources to Prevent Counselor Burnout in the Covid-19 Era, 1 APA & ASWB CE

🕒 1:30pm - 2:30pm, Mar 27

MF-Marriage & Family

In the Covid-19 era, many counselors find it challenging to face the same anxiety, uncertainty, and stressors as those who are seeking their services. This session provides insights, knowledge, and practical tools for understanding, responding to, and preventing compassion fatigue, secondary trauma, and burnout in the

lives of helping professionals. Workshops Objectives: Participants will develop an awareness of compassion fatigue, secondary trauma, and burnout and examine its effects on clinical practice during the Covid-19 era; Participants will evaluate and explain clinical and research strategies to understand the relationship of Covid-19 compassion fatigue to work contexts, professional activities, and personal lives; Participants will apply the knowledge and provide strategies to support the health and well-being of counselors during unprecedented times and provide creative strategies for optimizing personal resiliency and positive self-care practices.

Approved for 1 APA & ASWB CE

🔊 Speakers



Jeffrey Boatner Core Faculty Member, Liberty University



Holly Johnson Assistant Professor, Liberty University



Dr. Laurel Shaler Associate Professor, Liberty University

2:45pm

Poster Presentations

🕒 2:45pm - 3:45pm, Mar 27

You can access the poster presentations by finding "Posters" under the "Main Navigation" list.

Fuller Theological Seminary Virtual Gathering

🕒 2:45pm - 3:45pm, Mar 27

📍 <https://fuller-edu.zoom.us/j/7777988700?pwd=dHpqbFVjQkIQRWpBL1pFaUFidz09>

We are having a virtual meet-up for all faculty, staff, students, and alumni of Fuller Theological Seminary. Join us!

<https://fuller-edu.zoom.us/j/7777988700?pwd=dHpqbFVjQkIQRWpBL1pFaUFidz09>

4:00pm

Trust-Based Relational Intervention Introduction and Overview, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 27

ACR-Academic/Research

Trust Based Relational Intervention or TBRI is a holistic approach that is multi-disciplinary, flexible, attachment-centered, and challenging. It is an evidence based, trauma-informed intervention specifically designed for children who come from hard places, such as mistreatment, abuse, neglect, multiple home placements, and violence, but the principles apply to all children. Workshops Objectives: Participants will be able to identify the basic developmental needs and milestones required for healthy emotional, cognitive and motor development; Participants will be able to compare healthy versus unhealthy family systems needed for optimal development; Participants will be able to identify the three principles of TBRI and how these principles are incorporated into the care of children from hard places.

Approved for 1 APA & ASWB CE

 Speaker



Donald (Winn) Winsted III, Ph.D. Licensed Psychologist, Ball State University

Encouraging Self- Care in Clergy and Helping professions, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 27

MC-Multicultural/Diversity

People have discussed the concept of self-care as part of a conversation or a goal to pursue. For this workshop, we will discuss self-care as an action not a concept. This workshop will identify and discuss behaviors to encourage self-care and avoid burn out. Workshops Objectives: Participants will define self-care and understand its importance; Participants will engage in a discussion to develop an awareness of own self care practices; Participants will articulate neglectful behaviors which contribute to burn out and identify ways to eliminate the stressors that contribute to burn out.

Approved for 1 APA & ASWB CE

 Speaker



Michelle Ratcliff, D.A.MFT, LSW Assistant Professor, Delaware State University

When Faith Hurts: Helping Clients Resolve Religious and Spiritual Struggles, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 27

ACR-Academic/Research

This workshop will explore how counselors can walk alongside clients experiencing religious and spiritual struggles, the dissonance that is created when beliefs about God, the world, and the church are not expansive enough to incorporate lived experiences. We will identify the types of struggle, the pathways that lead to spiritual and psychological decline, the influence of the counselor in facilitating the resolution process, and the interventions and meaning-making dialogues that lead to growth. In particular, we will focus on how a counselor's way of being creates a safe relationship that allows clients to do the hard work of deconstructing and reconstructing problematic beliefs. Workshops Objectives: Participants will be able to identify the types of religious coping that lead to decline in the midst of religious and spiritual struggle; Participants will be able to describe the different phases of the resolution process; Participants will be able to apply interventions that facilitate the resolving process.

Approved for 1 APA & ASWB CE

 Speaker



Mentanna Campbell, Ph.D. LPC and Adjunct Professor, Promises Counseling and Texas Christian University

Dimensions of Grace Scale: Concurrent Validation, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 27

MC-Multicultural/Diversity

We examine the relationship between the Dimensions of Grace (DGS; Bufford, Sisemore, & Blackburn, 2017) scale and the Big Five Personality scales, Christ-Centered Spiritual Growth, Cultural Humility, and Self-Compassion. Results provide additional insights into empirical correlates of the DGS.

Workshops Objectives: Participants will be able to describe the concept of grace and a way to measure grace; Participants will be able to state several ways in which grace is experienced and manifested; Participants will be able to describe the Dimensions of Grace scale and briefly appraise its psychometrics properties.

Approved for 1 APA & ASWB CE

Speakers



Rodger Bufford Professor, Graduate School of Clinical Psychology at George Fox University



Javean Beard, M.A. Grad Student, Graduate School of Clinical Psychology at George Fox University



Melissa Flores, M.A. Graduate Student, Graduate School of Clinical Psychology at George Fox University



Lindsay Price PsyD Student, Graduate School of Clinical Psychology at George Fox University



Adam Hodge Graduate Student, University of North Texas

Clinical Trends in Working with Religious Couples in Therapy: A Final Report from the Bridges Study, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 27

CEC-Counselor Ed

Spiritually integrated couple therapy addresses spiritual needs, strivings and struggles as part of a couple's therapeutic process. The Bridges study involves clinicians who conduct spiritually integrated couple therapy regularly assessing the couples that they treat for one year. Descriptive results indicate that there is a wide variety of practices by outpatient therapists who specialize in spiritually integrated couple therapy, and a wide variety of couple perceptions of treatment. Prayer is the most common intervention but numerous others were observed. The presentation will conclude with suggestions for ethical and best practices in spiritually integrated couple therapy based on the extant research. Workshops Objectives: Participants will describe current research on the topic of religious accommodative couple therapy; Participants will evaluate clinical utility of addressing spiritual distress within couple therapy; Participants will examine future directions in couple therapy research focused on religious outcomes.

Approved for 1 APA & ASWB CE

Speakers



Jennifer Ripley, Ph.D. Professor of Psychology, Regent University



Vanessa Kent Assistant Professor in School of Psychology and Counseling, Regent University



Elizabeth Loewer, M.A. Student, Regent University



Everett Worthington Jr., Ph.D. VCU



Job Chen, Ph.D Assistant Professor, Clemson University

Reviving Psychological Care of Cross-Cultural Religious Workers and Families, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 27

CP-Clinical Practice

In this presentation, two students will review empirical research on acculturation and TCK populations. In light of these findings, a practicing psychologist will then discuss practical tools and resources for providing assessment services to missionary candidates. We will finish by discussing implications from positive psychology for research and practice. Workshops Objectives: Participants will be able to identify a number of patterns of acculturation regarding practices, values, cultural identification, and stress; Participants will be able to compile a set of instruments and protocols used when doing psychological assessments with missionary candidates; Participants will be able to assess applications of current research from positive psychology to work with cross-cultural religious workers and TCKs.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Aaron McLaughlin Georgia State University



Li-Cih (Wendy) Hsu, B.S. Master's Student, Georgia State University



Steve Allison Robert & Mary Ann Hall Endowed Chair of Psychology & Intercultural Studies; Professor of Psychology, Abilene Christian University



Don Davis, Ph.D. Assistant Professor, Georgia State University

Autopsy of a Suicidal Soul: And Prescriptions for Life, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 27

MC-Multicultural/Diversity

This session provides a brief examination of a history of Suicide Theories leading up to today's most popular theory. This most notable and recognizable theory identifies the top contributors to suicide from an external perspective. In contrast, the heart and soul of suicide will also be "opened up" from an insider's, trauma-based perspective. In essence, those who struggle with suicidality view, experience, and cope with pain much differently than the normal population. Finally, participants will consider trauma-based care and interventions as possible antidotes for this hidden--Global and National Mental Health Pandemic.

Approved for 1 APA & ASWB CE

🗣️ Speaker



Steve Hunter Professor of Psychology and Counseling, Criswell College

Trauma Reenactment Syndrome: Rethinking Borderline Personality Disorder, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 27

CP-Clinical Practice

This workshop focuses on reviewing the symptomatic features often exhibited by survivors of childhood sexual abuse from a trauma framework. The presenters will discuss Trauma Reenactment Syndrome (TRS) and how these symptoms may be more accurately a reflection of TRS than Borderline Personality Disorder. Workshops Objectives: Participants will recognize distinctions between Borderline Personality Disorder and Trauma Reenactment Syndrome; Participants will apply conceptualization of Trauma Reenactment Syndrome to vignettes; Participants will assess how reframing the personality disorder symptom constellation for sexual abuse survivors impacts conceptualization of treatment.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Robyn Simmons Professor, Liberty University



Heather Chesterton, Ph.D. University of the Cumberlands

Tele-Supervision during Covid-19: Ethical Considerations and Strategies to Promote Competence, 1 APA & ASWB CE

🕒 4:00pm - 5:00pm, Mar 27

CEC-Counselor Ed

This presentation will engage participants in exploring the impact of Covid-19 on clinical supervision. Attendees will review ethical considerations (ACA, ASWA, APA) for supervision practices, discuss adaptation of commonly used theories in clinical supervision and engage in an interactive "think tank" of techniques and tools to support practical use. Workshops Objectives: Participants will identify ethical considerations specific to the supervisory process and telehealth; Participants will discuss the adaption of supervision

theory to the virtual setting; Participants will compile and compare supervision techniques and strategies for practitioner use in telehealth thereby enhancing services to clients in mental health settings.

Approved for 1 APA & ASWB CE

Speakers



Yulanda Tyre Liberty University



Deborah Braboy Assistant Professor, Liberty University

5:15pm

From Victim to Survivor: Keys to Disclosure and Recovery, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 27

CP-Clinical Practice

Sexual abuse changes a person and often leads to feelings of shame, uncertainty, and loss of hope along with unanswered questions, body memories, and emotional triggers. This presentation will focus on empirically-based intervention phases to address sexual abuse trauma, thus moving the individual from victim to survivor. Workshops Objectives: Participants will articulate the definition of sexual abuse and identify the characteristics and consequences of sexual abuse; Participants will discuss evidence-based treatment phases; Participants will recognize the process of transitioning clients from victim to survivor and into healthy functioning.

Approved for 1 APA & ASWB CE

Speakers



Jama Davis Counselor Educator, Liberty University



Rebecca Taylor, Ph.D. Liberty University

Biracial Perspectives in Genogram Analyses: The Blessings and Challenges in Mixed Race Families, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 27

ACR-Academic/Research

Twenty-first century psychology is asking compelling questions related to race, diversity and equity. Genogram science can be used to grapple with the influences of poverty, culture, race and ethnicity in family functioning. Genogram research focused on biracial families yields findings that demonstrate the unique strengths and challenges of living in biracial families. Workshops Objectives: Participants will be able to hear about and discuss findings in Genogram science related to biracial identity, ethnicity and culture that will help both academics and mental health workers utilize Genogram patterns to promote increased health in families by understanding family members identifying exclusively as biracial; Participants will be able to recognize and discuss through Genogram science the effects of family resilience and stress in

biracial identity. This will aid in efforts to better understand the unique strengths and challenges faced by family members who identify as biracial; Participants will be able to utilize findings from an extensive data base of Genograms from interviews with first generation, ethnically diverse, biracial university students. Genogram based graphical analyses will help mental health professionals use colorful, visual depictions of family and community systems and structures leading to biracial identity formation, in order to aid their work in professional mental health settings.

Approved for 1 APA & ASWB CE

Speaker



stephen lambert Professor Of Psychology, Azusa Pacific University

Positive Psychology and Christianity, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 27

ACR-Academic/Research

These presentations aim to (a) review the geographic distribution, demographic composition, and theological beliefs of Christians to emphasize the value of context in working with Christian samples, (b) explore the relationship of religion/spirituality with various positive psychology constructs, and (c) discuss strategies to enhance collaboration between Christian leaders and psychologists. Workshops Objectives: Participants will identify current trends in the geographic distribution and demographic composition of Christians around the world to highlight the importance of context in psychological research and clinical interventions; Participants will understand empirical evidence related to how one's attachment to God and use of religious/spiritual interventions promotes well-being and mental health; Participants will apply practical empirically-based strategies to increase understanding and alignment with adherents of Christian beliefs to bolster collaboration efforts between psychologists and churches.

Approved for 1 APA & ASWB CE

Speakers



Adam Hodge Graduate Student, University of North Texas



Aaron McLaughlin Georgia State University



David Mosher Assistant Professor of Psychology, Abilene Christian University



Cameron Davis Doctoral Student, University of North Texas



Josh Hook Associate Professor of Psychology, University of North Texas

An Integrative Approach to the Remediation of Student Trainees in Christian Counseling Programs, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 27

CED-Counselor Ed

The presentation will introduce an approach to the remediation of students in Christian counseling programs that integrates scriptural principles with current gatekeeping literature and practice. Topics included will be a review of current remediation literature, a biblical argument for professional standards, descriptions of the unique position and empowerment of Christian counselor educators to remediate, and a model of remediation drawn from scripture. Workshops Objectives: Participants will summarize current literature on remediation in psychology and counseling programs; Participants will recognize the biblical and ethical support for upholding professional standards through remediation processes; Participants will apply biblical and ethical guidelines to remediation of counseling student trainees in Christian counseling programs.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Jamie Klemashevich, M.A., Th.M., LPC PhD Student, New Orleans Baptist Theological Seminary



Craig Garrett NOBTS

Addressing Spiritual Themes in Study Abroad Experiences, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 27

MC-Multicultural/Diversity

With study abroad experiences, students have distinct opportunities for personal growth and transformative development within cultural settings. By integrating spiritual themes and activities students will have increased understanding and appreciation of how spirituality influences the whole person not only for themselves but also for effective work with their clients. Workshops Objectives: Participants will be able to summarize the intended purposes and expectations for study abroad and cultural immersion experiences; Participants will be able to discuss the "transformative development" to integrate interactive experiences, intercultural guidance, and meaningful reflection; Participants will be able to address spiritual themes and apply activities that can be used with clients of diverse spiritual backgrounds.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Jerry Vuncannon Jr, Ph.D. Regent University



David R. Brown, Ph.D. Associate Professor, Liberty University

A Divine Call to Self: Applying a Clinical Framework of Self-Compassion Through a Biblical Understanding of Self-Love in the Emotionally Regulated Counselor, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 27

CP-Clinical Practice

This seminar presents a Christian view of self-love and introduces ways for counselors to practice self-compassion, which can increase their emotional stability to remain in the presence of suffering without feeling overwhelmed. Workshops Objectives: Participants will summarize the principles of Neff's model of self-compassion; Participants will articulate why self-compassion is so important through a biblical lens of self-love; Participants will identify ways to foster self-compassion while acting in accordance with Christian principles.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Angela Fung Adjunct Instructor, New York University



Erica McLean Doctoral Student in the Counselor Education and Supervision Program, Regent University

Reimagine Wellness: Building Resilience After a Pandemic, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 27

CP-Clinical Practice

Resilience is the ability to navigate, recover, and adapt after experiencing adverse challenges. This session will impart knowledge and provide insights into opportunities for post-traumatic growth, for building resilience, along with ideas for creating a growth mindset to manage the challenges and courageously face contemporary stressors such as COVID-19. Workshops Objectives: Participants will be able to discuss and define resilience, identify specific types, and examine the differences between a growth and fixed mindset; Participants will be able to evaluate and explain clinical and research strategies that foster resilience and encourage a healthy response; Participants will be able to apply the knowledge and provide practical strategies to engage clients and help them cultivate individual, community, and existential resources to build resilience and thrive.

Approved for 1 APA & ASWB CE

🗣️ Speakers



Jeffrey Boatner Core Faculty Member, Liberty University



Holly Johnson Assistant Professor, Liberty University



Dr. Laurel Shaler Associate Professor, Liberty University

The EIS Model: Providing Biblically Sound and Empirically Supported Sex Therapy, 1 APA & ASWB CE

🕒 5:15pm - 6:15pm, Mar 27

CP-Clinical Practice

Therapists need biblically sound, effective approaches based in research for couples presenting with sexual difficulties. This presentation guides practitioners in promoting empathy, intimacy, sexual conflict resolution, and mutual sexual satisfaction through the EIS (Empathy, Intimacy, and mutual sexual Satisfaction) model, a researched, manualized program to increase sexual intimacy in marriage. Workshops Objectives: Participants will analyze, critique, and apply methodologically sound sex therapy research to improve clinical treatment outcomes for Christian couples; Participants will summarize ways to integrate spiritual and biblical components into sex therapy treatment; Participants will apply the interventions to clinical practice through participating in interactive, experiential exercises.

Approved for 1 APA & ASWB CE

🗣️ Speaker



Jennifer Konzen, PsyD Marriage and Family Therapist and Sex Therapist, Point Loma Nazarene University

Religious Coping and Issues of Race During Global Pandemic (30 min. Presentation), .5 APA & ASWB CE

🕒 5:15pm - 5:45pm, Mar 27

MC-Multicultural/Diversity

The COVID-19 pandemic in 2020 resulted in worldwide upheaval. College students who were quarantined mid-semester responded with how their beliefs about God's protection alleviated anxiety during times of tragedy. Further, their experiences with overt acts of racism or bias in the midst of the pandemic were examined. Workshops Objectives: Participants will examine and explain coping strategies among college students during upheaval and uncertainty and specific to the COVID-19 crisis; Participants will analyze the connections between religiosity and racial experiences during a worldwide pandemic; Participants will explain how believers will experience less anxiety than non-believers due to God's protection in times of uncertainty, danger, and crisis when they embrace the "special protection" or "safety" of special protection.

Approved for 0.5 APA & ASWB CE

🗣️ Speakers



Cherisse Flanagan, PhD Associate Professor and Director of Graduate Programs in Psychology, Abilene Christian University



Anthony Egbo Abilene Christian University



Kathryn Walker Student, Abilene Christian University

5:45pm

Free Will as a Skill (30 min. Presentation), .5 APA & ASWB CE

🕒 5:45pm - 6:15pm, Mar 27

PSY-Psychoanalytic

This paper will propose that free will is a developmental trajectory and can be enhanced as a life skill in the therapeutic process. The Townsend Competence and Character Growth Model (Makin, 2020) has demonstrated how growth in four major areas of personality structure enhances a client's capacity for free will. Using the latest research in neuroscience, biblical principles, and evidence-based research, we will discuss specific therapeutic skills that facilitate experiential growth in these four areas. Workshops

Objectives: Participants will articulate the evolving nature of determinism and free will in psychoanalytic theories; Participants will analyze how free will can be reformulated as a developmental trajectory which can be enhanced by growth in four capacities within a person's personality structure; Participants will learn the skills from the Townsend Competence and Character Growth Model that build personality structure and the resulting life skills which maximize free will and choice.

Approved for .5 APA & ASWB CE

🗣️ Speakers



Lewis Thurston Student, Townsend Institute for Counseling and Leadership at Concordia University Irvine



Scott Makin, M.A. Townsend Institute