

CAPS 2020

CALL FOR PRESENTATIONS

REALIGNED

MAR 12-14, 2020

SHERATON ATLANTA HOTEL

ATLANTA, GA



**CHRISTIAN
ASSOCIATION FOR
PSYCHOLOGICAL
STUDIES**

THURSDAY MORNING

PRE-CONFERENCE WORKSHOPS 9 AM-12 PM*



WA1. WORKSHOP ONE

Teaching Integration in a Postmodern Context

MARK MCMINN, PHD, GEORGE FOX UNIVERSITY
MEGAN ANNA NEFF MDIV, MA, GEORGE FOX UNIVERSITY



SUMMARY: When the Christian Association for Psychological Studies was founded in 1956, education was accomplished through modern epistemologies where the expert teacher passed knowledge to the student. Helpful strategies and models for integrating psychology and Christianity were developed but may be losing effectiveness in today's postmodern educational context where knowledge is perceived in more relational and dialogical ways.



WA2. WORKSHOP TWO

Psychopharmacology Update: New Developments and Special Populations

JAMES CHILDERSTON, PHD
CHILDERSTON & ASSOCIATES

SUMMARY: This workshop covers practical and applied issues regarding psychiatric medication treatment. The focus is on the non-medical therapist as collaborator with psychiatrists or primary care doctors in medical treatment (diagnosis, referral, and follow-up). An overview will be provided of the most recently released and most popular psychotropic medications.



WA3. WORKSHOP THREE

Sexual Desire in the Modern Age: Clinical Practice with Problematic Sexual Desire Informed by Theory and Research

MICHAEL SYTSMA, PHD
BUILDING INTIMATES MARRIAGES INC
DEBRA TAYLOR PSYD (ABD)
PRIVATE PRACTICE



SUMMARY: Conflict over discrepancy in sexual desire is the most common sexual issue brought to the clinician's office. Recent research and theory provide valuable direction in understanding the possible etiology as well as addressing both the symptoms and distress of this issue.



WA4. WORKSHOP FOUR

*8 AM-1 PM

The Integrative Moment: Emergence of Faith in Clinical Relationships

EARL BLAND, PSYD, BIOLA UNIVERSITY
BRAD STRAWN, PHD, FULLER THEOLOGICAL SEMINARY



SUMMARY: If each clinical moment is filled with numerous possible responses and directions, what might happen if we cultivate a deep attunement to how faith & spirituality emerge in the clinical relationship. This seminar examines the process of clinical integration through the interaction of hermeneutics, faith/theoretical traditions, ethics, self-development and resiliency.

SATURDAY AFTERNOON

POST-CONFERENCE WORKSHOPS 2-5 PM



WB5. WORKSHOP FIVE

The Ethical Competence of Providing an Accurate Diagnosis of Depression: Clinical Implications

ROBERT GORDON, PHD, PRIVATE PRACTICE

SUMMARY: This post conference session will provide clinicians with a robust approach to ethical decision making with respect to the treatment of depression. Choosing the best approach is tailored to the patient and based on a thorough assessment and evaluation as well as an accurate diagnosis.



WB6. WORKSHOP SIX

Restoring the Relationships: How Psychologists, Therapists and Counselors are Key in Mending Mental Health



TERRY HARGRAVE, PHD
AMARILLO FAMILY INSTITUTE INC
SHARON HARGRAVE, MA
PEPPERDINE UNIVERSITY

SUMMARY: Restoration Therapy (RT) and RelateStrong equip clinicians with attachment, emotional regulation and mindfulness tools addressing issues of relational distress, anxiety and depression. Clinicians will learn how to utilize these techniques and also how assist leaders in the community to address mental health constructively based on research by The Barna Group.



WB7. WORKSHOP SEVEN

Navigating the Choppy Waters of Supervision: Addressing Issues of Professional Competence among Clinicians in Training



CARISSA DWIWARDANI, PHD
AZUSA PACIFIC UNIVERSITY
JENNIFER THIESSEN, PSYD
HAMPTON VETERANS AFFAIRS MEDICAL CENTER

SUMMARY: Up to 89% of doctoral programs in clinical training endorse having students with Problems of Professional Competence (PPC). This workshop will equip attendees in addressing PPCs through discussion, interactive demonstrations of difficult conversations in supervision, practical tools such as handouts and remediation plan examples, and opportunities for attendee self-reflection.



WB8. WORKSHOP EIGHT

Christian Psychotherapy in Context: Theoretical and Empirical Explorations in Faith-Based Mental Health



JOSHUA KNABB, PSYD, ABPP
CALIFORNIA BAPTIST UNIVERSITY
ERIC JOHNSON, PHD
HOUSTON BAPTIST UNIVERSITY

SUMMARY: In this three-hour post-conference training on the "Christian Psychology" track, Drs. Knabb and Johnson will offer goals and techniques to help mental health professionals work more effectively with clients in psychotherapy who identify with a Christian worldview, drawing from their recently published book with Routledge, Christian Psychotherapy in Context: Theoretical and Empirical Explorations in Faith-Based Mental Health.

PLENARY SPEAKERS



THURSDAY EVENING

The Crucible of Psychology and Spirituality: Attachment, Emotional Regulation and Mindfulness



TERRY HARGRAVE, PHD
FULLER THEOLOGICAL SEMINARY
SHARON HARGRAVE, MA
PEPPERDINE UNIVERSITY

SUMMARY: In clinical work in helping professions, three influences have converged to dominate therapy: Attachment Theory, Emotional Regulation and Mindfulness. These

elements are not only in therapy, but are woven into spirituality and formation in communities. We examine how to integrate these concepts and how practitioners can expand services into communities and congregations.



FRIDAY LUNCHEON

CAPS^x: Realigning Our Integrative Approaches to Meet the Psychological Needs of a Diverse World



MICHAEL VOGEL, PSYD
MIDAMERICA NAZARENE UNIVERSITY
CHRISTIN FORT, PHD
WHEATON COLLEGE
MEGAN NEFF, MDIV, MA
GEORGE FOX UNIVERSITY
DAVID MOSHER, MS
UNIVERSITY OF NORTH TEXAS



SUMMARY: Emerging cultural trends are impacting theoretical conceptualizations and psychological approaches. Multicultural theories and context as a means of knowing have transformed our understanding of ourselves, clients and trainees. This symposium will explore how these developments are influencing the integration movement



SATURDAY MORNING

If You Don't Snooze, You Lose: Sleep and Mental Health



MICHAEL LYLES, MD
LYLES AND CRAWFORD CLINICAL CONSULTING

SUMMARY: The inability to initiate or maintain sleep is a common clinical complaint. It can represent a wide range of problems that can be minor (too much caffeine) or serious (sleep apnea). This presentation will help clinicians in the recognition, evaluation and provision of counsel about difficulties with sleep.

INVITED DISTINGUISHED SCHOLARS & MASTER THERAPISTS FOR TRACKS



CLINICAL PRACTICE

Infidelity as an Intimacy Builder: Guiding Couples to Deep Intimacy Through the Recovery of Infidelity

MICHAEL SYTSMA, PHD, BUILDING INTIMATES MARRIAGES INC

SUMMARY: Infidelity can be a devastating trauma to individuals and systems. Some marriage end while others recover to maintain

unhealthy patterns that block deep intimacy. Skilled clinicians can use the trauma of infidelity to help couples find new levels of intimacy by guiding couples through the pain to develop new patterns.



ACADEMIC / RESEARCH

Tengamos Fe y No Hay Que Perder Las Esperanzas: Religion and Spirituality in the Georgia Latinx Community

EDWARD DELGADO-ROMERO, PHD, UNIVERSITY OF GEORGIA

SUMMARY: The author of this presentation will discuss the growth of the Latinx population in Georgia in the context of an oppressive

anti-immigrant state and national context. He will focus on their experiences provided free therapy in a bilingual clinic, La Clinica In LaK'e'ch, that serves bilingual and undocumented and mixed-status Latinx individuals and families.



PSYCHOANALYSIS

Holding the Dialectic in an Age of Dichotomy: Tensions, Trends, and Treatment in Contemporary Psychoanalysis

MARIE HOFFMAN, PHD, BROOKHAVEN CENTER

SUMMARY: This presentation will explore dichotomous positions that have emerged over time in psychoanalysis. Tensions such as

guilty man / tragic man, intrapsychic / interpersonal and unity / diversity, will be examined in light of philosophy, theology, appearance in psychoanalysis and consequences in treatment. Clinical examples will be offered in support of a dialectical approach.



COUNSELING & COUNSELOR EDUCATION

Back to Basics: Maintaining Fundamentals Amid Complexity

DAVID LANE, PHD, MERCER UNIVERSITY

SUMMARY: In the increasingly complex and ever-expanding field of psychotherapy, certain fundamentals of practice continue to undergird all approaches and techniques. Exercising and maintaining these fundamentals is crucial to therapeutic efficacy.



CROSS CULTURAL/INTERNATIONAL

CAPS: Our Mandate for Influencing Character and Civility in an Increasingly Uncivil World

SONJA SUTHERLAND, PHD, RICHMONT GRADUATE UNIVERSITY

SUMMARY: In seeking to bring healing to a hurting world, we are faced with increases in overt, public incivility when referencing

individuals holding different racial, cultural, religious, and other life perspectives and realities. Join us as we consider the impact on clinical practice, the theme of Realignment, and the call to an even greater role as clinicians in influencing societal change toward moral character and civility.



MARRIAGE, FAMILY, SEXUALITY & CHILD

Conundrums in Couple and Family Therapy

SHATAVIA THOMAS, DMFT, DR. SHAY SPEAKS

SUMMARY: This forum will highlight the importance of maintaining

a systems perspective while supporting couples and families through confusing and challenging situations. The presenter will discuss family life cycle stages and cultural considerations, as well as useful relational principles and practices. The second hour of the forum will be a panel discussion of Dr. Thomas' presentation.

SCHEDULE

- at - a - glance -

THURSDAY, MAR 12

9:00AM-12:00PM*

Pre-Conference Workshops

separate fee and registration

**WA4: 8:00AM - 1:00PM*

2:00-5:30PM

Breakout Sessions

5:45-10:30PM

Conference Kickoff Event

5:45-7:00PM

Dinner

cost covered in registration fee

except for student non-meal option

7:00-8:30PM

Praise & Worship /

Opening Plenary

8:30-10:00PM

Welcome Desserts Reception and
Special Interest Groups Meetings

FRIDAY, MAR 13

8:00-9:00AM

Breakout Sessions

9:00-10:15AM

Poster Sessions

10:15-11:15AM

Breakout Sessions

11:30AM-2:00PM

Plenary Luncheon

cost covered in registration fee

except for student non-meal option

Student Paper Awards

2:00-4:30PM

Breakout Sessions

4:30-5:45PM

Posters Session

6:00-9:00PM

Receptions, Alumni Dinners,
Free Time/Night on the Town

SATURDAY, MAR 14

8:00-10:15AM

Breakout Sessions

10:30AM-12:00NOON

Plenary Session

Student Poster Awards

2:00-5:00PM

Post-Conference Workshops

separate fee and registration

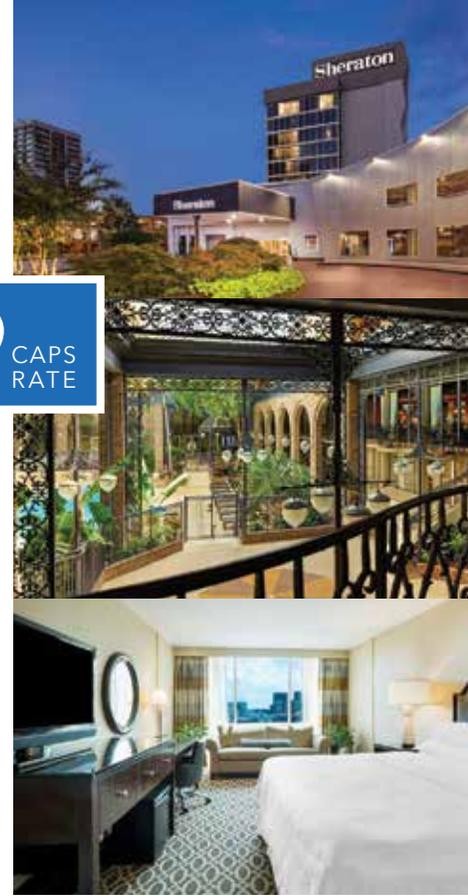
SHERATON ATLANTA HOTEL ATLANTA, GA

\$139 CAPS
RATE

Indulge yourself with a lavish hotel stay in downtown Atlanta at Sheraton Atlanta Hotel. The enviable location is surrounded by sensational dining, extraordinary attractions, vibrant nightlife.

RESERVATIONS

Call the toll-free number 1 800-833-8624, and ask for the CAPS rate of \$139. Rooms at this rate are only guaranteed until Friday, January 31, 2020, or until our contracted block of rooms are sold out (whichever comes first).



REGISTRATION

TO REGISTER

For more information and to register, go to caps.net/register. Register by **January 31, 2020** for Early Bird rates.

STUDENTS

NEW DISCOUNTED REGISTRATION OPTION!!

Check out the website for more information

GROUPS

Group discounts available for faculty bringing undergraduate students. Contact CAPS office for full details: 630-639-9478

CE CREDIT

APA and ASWB continuing education credit will be available at the conference.