THURSDAY MORNING
PRE-CONFERENCE WORKSHOPS  9 AM–12 PM*

WA1. WORKSHOP ONE
Child Abuse & Neglect: Ethics, Prevention, Intervention, and Treatment for Mental Health Professionals
JUSTIN SMITH, LCSW, PSYD  PHOENIX SEMINARY
SUMMARY: Dealing with child abuse and neglect, especially the reporting of abuse, can be distressing for clinicians...but it does not have to be. In this workshop, attendees will be updated on best practice guidelines across several mental health disciplines.

WA2. WORKSHOP TWO
The Six Building Blocks of Healthy Sexual Intimacy
SCOTT SYMINGTON, PHD
MELISSA SYMINGTON, PHD
PRIVATE PRACTICE PSYCHOLOGISTS, PASADENA, CA
SUMMARY: In this workshop, we will examine the six building blocks of healthy sexual intimacy: the ability to relax and attune to sexual pleasure; having accurate information; ability to discuss sexual issues; relational mutuality; emotional connection; and integration. These building blocks are then applied clinically to the most common issues addressed in sex therapy.

WA3. WORKSHOP THREE
Rethinking Integration: A Fresh Look at Psychology and Christianity
MARK McMinn, PhD
MEGAN ANNA NEFF, MDIV, PSYD-CANDIDATE
GEORGE FOX UNIVERSITY
SUMMARY: Religion and spirituality contribute to psychological health, but it is important to consider the more nuanced perspectives of the next generation integrating psychology and Christianity. In this workshop we address some of the most challenging quandaries and complexities of integration, embodying a conversational and contextual process, and considering implications for evidence-based training and psychotherapy.

WA4. WORKSHOP FOUR
*8 AM–1 PM
Psychoanalysis: There and Then, Here and Now
THERESA CLEMENT TISDALE, PHD, PSYD
AZUSA PACIFIC UNIVERSITY
SCOTT HICKMAN, PSYD
PRIVATE PRACTICE PSYCHOLOGIST, TX
SUMMARY: This Pre-Conference workshop will include an overview of major schools in psychoanalysis, compare and contrast evolution of key concepts, provide examples of how psychoanalysts are involved in social justice, present empirical evidence for the efficacy of psychoanalytic psychotherapy, and a case discussed from three theoretical/clinical viewpoints.

SATURDAY AFTERNOON
POST-CONFERENCE WORKSHOPS  2–5 PM

WB5. WORKSHOP FIVE
The Transformative Power of Optimal Stress: Precipitating Disruption to Trigger Repair
MARTHA STARK, MD  HARVARD MEDICAL SCHOOL
SUMMARY: The therapeutic provision of optimal stress against the backdrop of an empathically attuned and authentically engaged therapy relationship is sometimes the magic ingredient needed to overcome the inherent resistance to change so frequently encountered in patients with longstanding emotional injuries. Challenges to destabilization and support to prompt restabilization at a higher level of resilience and adaptive capacity will be addressed.

WB6. WORKSHOP SIX
Christian-Accommodative Treatment of OCD in Children and Adults
TED WITZIG, PHD  PRIVATE PRACTICE PSYCHOLOGIST, IL
KATHLEEN NORRIS, MA  PRIVATE PRACTICE COUNSELOR, TX
MARY NORRIS, PSYD-CANDIDATE
PRIVATE PRACTICE PSYCHOLOGIST, TX
SUMMARY: When OCD afflicts Christian children and adults, the symptoms (and treatments) are frequently misunderstood by the sufferers as well as their family, clergy, and other health professionals. This workshop will provide clinicians with practical skills to support and integrate the client’s spiritual beliefs into empirically-supported treatments for OCD.

WB7. WORKSHOP SEVEN
Ethics, Values and Risks: Emerging and Evolving Issues in Psychotherapy
RANDOLPH SANDERS, PHD
PRIVATE PRACTICE PSYCHOLOGIST, TX
SUMMARY: This workshop focuses on several important ethical concerns, with major emphasis on values in therapy. Participants will explore the ethical balance between compassionate, sacrificial care for our patients and care for ourselves. They will take a fresh look at what may be a clinician’s best tool for managing the risk of doing psychotherapy, ie., prudent documentation. We will discuss latest protocols for Duty to Warn, and examine ethics related to racism in the therapy office.

WB8. WORKSHOP EIGHT
Understanding and Working with People from Arab and Middle Eastern Backgrounds: A Guide for Clinicians
NAJI ABI-HASHEM, PHD
PRIVATE PRACTICE PSYCHOLOGIST, SEATTLE AND LEBANON
SUMMARY: Migration and influx of refugees are increasing. Mental health practitioners must improve our cultural insights and skills, in order to effectively work with such people. Participants will discuss the diversity within the Arab, Muslim, and Middle Eastern populations in North America, and will learn how to address their clinical needs and struggles. Attendees will learn about the challenges inherent in working with these cultural and ethnic groups.
RICHARD BECK, PHD is the Professor & Chair of the Department of Psychology at Abilene Christian University. He holds the PhD in Experimental Psychology from Southern Methodist University. Dr. Beck has one of the most popular Christian blogs <experimentaltheology.blogspot.com> in the country. He is the author of five books, including Unclean: Meditations on Purity, Hospitality, and Mortality, The Authenticity of Faith: The Varieties and Illusions of Religious Experience, and The Slavery of Death. He teaches a weekly Bible study at a men’s prison in West Texas and is an elder at the Highland Church in Abilene, Texas. He and his wife, Jana, have two sons.

THEMA BRYANT-DAVIS, PHD is a Professor in the Graduate School of Education & Psychology and the Director of the Culture and Trauma Research Lab at Pepperdine University in Los Angeles, California. She received her PhD in Clinical Psychology from Duke University. She has been awarded the California Psychological Association Distinguished Scientist Award (2015) and the American Psychological Association Award for Distinguished Early Career Contributions to Psychology in the Public Interest (2013). She resides with her husband and two children in Encino, California.

SCOTT SYMINGTON, PHD & MELISSA SYMINGTON, PHD are clinical psychologists who met and married in graduate school. They live in Pasadena, California with their two children, where they have a group practice with Cliff and Joyce Penner. In their private practices, they specialize in marital and sex therapy; treating anxiety disorders; and integrating spirituality into the change process. In addition to their clinical work, Scott has recently published his book, Freedom from Anxious Thoughts & Feelings: A Two-Step Mindfulness Approach for Moving Beyond Fear & Worry, which outlines the Two-Screen Method. Melissa has been publishing blogs on relational intimacy and enjoying teaching human sexuality at Fuller Graduate School of Psychology as an adjunct professor.

KEN WILGUS, PhD is a Licensed Psychologist in private practice in Dallas. He specializes in the treatment of adolescents and their families. He is the author of the book, “Feeding The Mouth That Bites You,” a guide for parents of adolescents, and is the co-founder of “RingLeaders,” a men’s ministry focused on strengthening the role of husbands in Christian marriage.

CRISTINE LEGARE, PhD is an Associate Professor of Psychology and the Director of the Evolution, Variation, and Ontogeny of Learning Laboratory at The University of Texas at Austin. Her research program reflects her commitment to interdisciplinary approaches to the study of human cognition and behavior. She studies our capacities to learn, create, and transmit culture in order to increase our understanding of cognitive and cultural evolution.

MYRNA LITTLE, PhD, is a Clinical Psychologist and Jungian Psychoanalyst in private practice as a member of The Group Analytic Practice of Dallas. She is a Clinical Professor in the Department of Psychiatry at Southwestern Medical School, and serves as an Associate Editor for the Journal of Analytical Psychology.

ELIZABETH R. O’BRIEN, PhD, is a Professional Counselor and Counselor Educator in Chattanooga. She is a Past-President for the Association of Spiritual, Ethical, and Religious Values in Counseling, a division of the American Counseling Association. She is the Director of the Counselor Education program at the University of Tennessee at Chattanooga, where she is also a UC Foundation Associate Professor. She recently completed a co-edited text book entitled “Supervision and Agency Management for Counselors”.

THOMAS IDICULLA, PhD is the Director of Mental Health Services Evaluation Department at McLean Hospital. He is an Instructor in Psychiatry at Harvard Medical School. Dr. Idiculla directs a nonprofit organization, Agape Partners International, which supports counseling and charitable services in Asian communities in the US and around the world. He has spoken at national and international conferences in the United States, United Kingdom, United Arab Emirates, Oman, Kuwait, and India.

LINDA METCALF, PhD is a Professor and Director of all Graduate Counseling programs at Texas Wesleyan University. She is a Licensed Professional Counselor and Licensed Marriage and Family Therapist in the State of Texas. She is the author of eleven books. She has served as president of the American Association for Marriage and Family Therapy (AAMFT) as well as the president of the Texas Association for Marriage and Family Therapy.
THURSDAY, MAR 21

9:00AM–12:00PM*
Pre-Conference Workshops
separate fee and registration
*WA4, 8:00AM – 1:00PM

2:00–5:30PM
Breakout Sessions

5:45–10:30PM
Conference Kickoff Event

5:45–7:00PM
Dinner
cost covered in registration fee

7:00–8:30PM
Praise & Worship /
Opening Plenary

8:30–10:00PM
Welcome Desserts Reception and
Special Interest Groups Meetings

FRIDAY, MAR 22

8:00–9:00AM
Breakout Sessions

9:00–10:15AM
Poster Sessions

10:15–11:15AM
Breakout Sessions

11:30AM–2:00PM
Plenary Luncheon
cost covered in registration fee
Student Paper Awards

2:00–4:30PM
Breakout Sessions

4:30–5:45PM
Posters Session

6:00–9:00PM
Receptions, alumni dinners,
free time/night on the town

SATURDAY, MAR 23

8:00–10:15AM
Breakout Sessions

10:30AM–12:00NOON
Plenary Session
Student Poster Awards

2:00–5:00PM
Post-Conference Workshops
separate fee and registration

RESERVATIONS
Call the toll-free number 1-800-THE-OMNI, and ask for the CAPS rate of $145. Rooms at this rate are only guaranteed until Tuesday, February 18, 2019, or until our contracted block of rooms are sold out (whichever comes first).

OMNI MANDALAY HOTEL AT LAS COLINAS

Enjoy access to a host of restaurants, shops and businesses, then explore the Mandalay Canal by gondola or stand-up paddle board during downtime.

CHRISTIANS IN SOCIAL WORK

MINI-CONFERENCE

THURSDAY MARCH 21

Registration includes evening dinner. There will also be a special interest group meeting from 9:00-10:00pm for social workers interested in knowing more about CAPS and working with us to develop a Social Work track for the 2020 program.

For more information and to register, go to caps.net/register. Register by February 18, 2019 for Early Bird rates.

CE CREDIT

APA and ASWB continuing education credit will be available at the conference.