SALT & LIGHT

Building Spiritual Awareness in Counseling & Psychology





THURSDAY PRE-CONFERENCE WORKSHOPS



WA1 WORKSHOP ONE

Roy Barsness, PhD

Core Competencies in Relational Psychoanalysis

8:00 am - 1:00 pm 5 APA & ASWB CEU Audience Level: All Levels



WA2 WORKSHOP TWO

Heather Gingrich, PhD

Restoring the Shattered Self: Phase II Treatment of Complex Trauma Survivors

9:00 am - 12:00 pm 3 APA & ASWB CEU Audience Level: All Levels



WA3 WORKSHOP THREE

Randolph Sanders, PhD

Ethics & Values in Psychotherapy: Essential Updates

WA3 Thursday | 9:00 am - 12:00 pm 3 APA & ASWB CEU Audience Level: All Levels



WA4 WORKSHOP FOUR

Mark Yarhouse, PsyD Julia Sadusky, MA Joshua Matlack, MA

Navigating Gender Identity Concerns with Christian Families

9:00 am - 12:00 pm 3 APA & ASWB CEU

Audience Level: Intro-Intermediate



SATURDAY

POST-CONFERENCE WORKSHOPS



WB5 WORKSHOP FIVE

Stephen Fowler, MD, Psychoanalyst James M. Siwy, PhD, Psychologist

Psychoanalytic Explorations of Shame, Guilt, Conscience and Spiritual Maturity

2:00 pm - 5:00 pm 3 APA & ASWB CEU Audience Level: Intermediate-Advanced



WB6 WORKSHOP SIX

Jennifer Ripley, PhD, Regent University Everett Worthington, Jr., PhD, Virginia Commonwealth University



Couple Therapy: A Hope-Focused Approach

2:00 pm - 5:00 pm 3 APA & ASWB CEU Audience Level: All Levels



WORKSHOP SEVEN

Terri Watson, PsyD, Wheaton College

Fostering Faith, Hope, and Love through Clinical Supervision: A Christian Integrative Model

2:00 pm - 5:00 pm 3 APA & ASWB CEU Audience Level: All Levels



MARRIOTT NORFOLK WATERSIDE

Norfolk, VA is a great location with more than 10 walkable attractions and over 40 chef-owned restaurants, easily accessible by car, train and 200+ direct and non-direct daily flights. Norfolk is the center of the Coastal Virginia area where you will experience a home-town feel from our beautiful city surrounded by water.

\$139 CAPS RATE

RESERVATIONS

Book your group rate online for Christian Association for Psychological Studies 2018 (CAPS) or Call Marriott International at 800-228-9290 or contact our conference hotel directly at 757-827-4200. Ask for the CAPS rate of \$139 per night. Rooms will be available at this rate until our block of contracted rooms is sold out or March 15, 2018.

AIRPORT TRANSPORTATION

Orange Peel Transportation Call 757-463-7500 (\$35 single, \$36 double, \$39 triple, \$48 quad)

James River Transportation Call 866-823-4626 or 757-963-0433 (\$36 for 1-3 people, includes tip)

Black & White Taxi Service Call 757-855-4444 (Starting at \$22 + Tip) *ADA Transportation, call ahead

UBER Car Service Use Smart Phone App (Starting at \$15 and up)



BENEFITS OF CAPS MEMBERSHIP

In addition to fellowship and networking with other Christians in the behavioral sciences, CAPS provides many other benefits, including:

- Journal of Psychology and Christianity (quarterly)
- CAPS Connect e-newsletter (monthly)
- Conference and local event discounts
- Continuing education from an integrationist perspective on the national, regional (East) and local level
- Professional Development Communities
- Free listing in the CAPS Online Directory
- Special offers and discounts on auto rentals, books and other products and services

SCHEDULE - AT - A - GLANCE -

THURSDAY, APR 12

8:00AM-**1:00**PM

Pre-Conference Workshops
(separate fee and registration)

2:00-5:30 PM Breakout Sessions

5:45-10:30PM Conference Kickoff Event

5:45-7:00PM **Dinner** (cost covered in registration fee

7:00-9:00PM Praise & Worship / Opening Plenary

9:00-10:30PM Dessert Reception

FRIDAY, APR 13

8:00-9:00AM
Breakout Sessions

9:00-10:15AM Posters Sessions

10:15-11:15AM Breakout Sessions

11:30AM-2:00PM
Plenary Luncheon
(cost covered in registration fee)
Student Paper Awards

2:00-4:30PM Breakout Sessions

4:30-5:45 PM Posters Session

6:00-9:00PM Receptions, alumni dinners, free time/night on the town

SATURDAY, APR 14

8:00-10:15AM
Breakout Sessions

10:30AM-12:00NOON Plenary Session

1:00-5:00PM
Post-Conference Workshops
(separate fee and registration)

PLENARY SPEAKERS

THURSDAY EVENING



SCUBA LESSONS FOR COUNSELING AND SPIRITUALITY: USES OF SILENT LISTENING FOR GOING DEEP

ANNE GRIZZLE has been a member of CAPS for forty years. She received a B.S. in psychology and social relations from Harvard University, Phi Beta Kappa, and masters in social work from Columbia University. She completed post masters studies in marriage and family therapy at Hunter

College. She has worked in Harlem with families at high risk of foster placement, in a church counseling practice, as a consultant to a homeless mission and in private practice with a focus on marriage therapy and grief work. She is also a spiritual director, retreat leader, and author of three books and numerous articles, including Going Home Grown Up and Reminders of God. She is adjunct faculty with Shalem Institute for Spiritual Guidance, chairs the mentoring ministry of Leighton Ford Ministries, serves on the Younger Leaders Generation mentoring group for Lausanne, and is leadership development chair of the Sojourners board.

FRIDAY LUNCHEON



HUMILITY IN AN AGE OF NARCISSISM

STEVEN J. SANDAGE, Ph.D., LP, is the Albert and Jessie Danielsen Professor of Psychology of Religion and Theology at Boston University and Research Director and Senior Staff Psychologist at the Danielsen Institute. He has faculty appointments at Boston University in the School of Theology, the Department of Psychological and Brain Sciences, and the Graduate Division of Religious Studies. Sandage is

also Visiting Faculty in the Psychology of Religion at MF Norwegian School of Theology in Oslo, Norway. His co-authored/coedited books include To Forgive is Human, The Faces of Forgiveness, Transforming Spirituality, The Skillful Soul of the Psychotherapist, and Forgiveness and Spirituality: A Relational Approach.

SATURDAY MORNING



OFFERING SALT TO A LOW-SODIUM CULTURE, AND LIGHT TO A DISPHOTIC CHURCH: A PLACE FOR CAPS BETWEEN THE SECULAR AND THE SACRED

JAMES N. SELLS (M.A. Educational Ministries, M.S.Ed. Counseling, Ph.D. Counseling Psychology) is a professor and

assistant dean in the School of Psychology and Counseling at Regent University. He has co-authored four books including Family Therapies: A Comprehensive Christian Appraisal and Counseling Couples in Conflict (IVP: with Mark Yarhouse) and Grace and Hope for Marriage and Grace and Hope for Marriage: A Couples Workbook (ZDL Publishing: with Jennifer Ripley). His scholarly efforts focus on international counseling/psychology education; engaging cultural themes with old ideas that are forever new and marriage and family reconciliation.

INVITED DISTINGUISHED SCHOLARS & MASTER THERAPISTS



MARRIAGE, FAMILY, SEXUALITY & CHILD TRACK

MARK YARHOUSE, PSYD is the Rosemarie Scotti Hughes Endowed Chair of Christian Thought in Mental Health Practice and Professor of Psychology, Doctoral Program in Clinical Psychology at Regent University. His address deals with "Spirituality & Religion in LGBTQ+ Studies"



ACADEMIC/RESEARCH TRACK

JULIE J. EXLINE, PHD is a Professor in the Department of Psychological Sciences at Case Western Reserve University; she recently served as President of Division 36, the Society for the Psychology of Religion and Spirituality, of the American Psychological Association. She will speak on "Religious and Spiritual Struggles: An Overview"



CLINICAL PRACTICE TRACK

NICK OGLE, PHD is the Executive Director of the Center for Collaborative Care and the Director of Mental/Behavioral Health at Mercy Clinic in NW Arkansas; he is also the founder of Executive Therapist. His topic is "Connecting the Disconnected: Collaboration, Communication, and Integration in Clinical Practice"



COUNSELING & COUNSELOR EDUCATION TRACK

GERARD LAWSON PHD, LPC, NCC is an Associate Professor of Counselor Education at Virginia Tech University and the current President of the American Counseling Association. His lecture deals with "Faith Based Institutions and the American Counseling Association"



CROSS-CULTURAL & INTERNATIONAL TRACK

STEVEN J. SANDAGE, PHD is the Albert and Jessie Danielsen Professor of Psychology of Religion and Theology at Boston University and Research Director and Senior Staff Psychologist at the Danielsen Institute. He will speak on "Intercultural Competence as the Best Index of Spiritual Maturity"



PSYCHOANALYSIS TRACK

JOHN HAYES, PHD is Adjunct Professor of Practical Theology at the Ecumenical Institute, St. Mary's Seminary and University and is on faculty at the Brookhaven Institute for Psychoanalytic and Christian Theology; he is also Associate Priest Missioner at St. Luke's Episcopal Church in Baltimore. He will address the topic of "Psychoanalysis of Trauma: Ordeal and Initiation to the Holy"

CONTINUING EDUCATION

Psychologists and counselors at the CAPS 2018 International Conference may receive up to 20 hours of continuing education if they attend the entire conference, plenaries, breakout sessions and pre- and post-conference workshops.

This course is co-sponsored by Amedco and Christian Association for Psychological Studies (CAPS). Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 20 hours.

Social Workers: Amedco, #1346, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Amedco maintains responsibility for the program. ASWB Approval Period: 6/24/2016 to 6/24/2019. Social workers should contact their regulatory board to determine course approval for continuing education credits.

Social workers participating in this course may receive up to 20 clinical continuing education clock hours.