# TRANSFORMED

Emerging Trends in Training and Practice



MAR 21-23, 2019

Omni Mandalay Hotel at Las Colinas • Dallas, TX



## THURSDAY MORNING

PRE-CONFERENCE WORKSHOPS 9 AM-12 PM\*



WA1. WORKSHOP ONE

Child Abuse & Neglect: Ethics, Prevention, Intervention, and Treatment for Mental Health Professionals

JUSTIN SMITH, LCSW, PSYD PHOENIX SEMINARY

SUMMARY: Dealing with child abuse and neglect, especially the reporting of abuse, can be distressing for clinicians...but it does not have to be. In this workshop, attendees will be updated on best practice guidelines across several mental health disciplines.



WA2. WORKSHOP TWO

The Six Building Blocks of Healthy Sexual Intimacy

SCOTT SYMINGTON, PHD MELISSA SYMINGTON, PHD PRIVATE PRACTICE PSYCHOLOGISTS, PASADENA. CA



SUMMARY: In this workshop, we will examine the six building blocks of healthy sexual intimacy: the ability to relax and attune to sexual pleasure; having accurate information; ability to discuss sexual issues; relational mutuality; emotional connection; and integration. These building blocks are then applied clinically to the most common issues addressed in sex therapy.



WA3. WORKSHOP THREE

Rethinking Integration: A Fresh Look at Psychology and Christianity

MARK MCMINN, PHD MEGAN ANNA NEFF, MDIV, PSYD-CANDIDATE GEORGE FOX UNIVERSITY



SUMMARY: Religion and spirituality contribute to psychological health, but it is important to consider the more nuanced perspectives of the next generation integrating psychology and Christianity. In this workshop we address some of the most challenging quandaries and complexities of integration, embodying a conversational and contextual process, and considering implications for evidence-based training and psychotherapy.



WA4. WORKSHOP FOUR \*8 AM-1 PM

Psychoanalysis: There and Then, Here and Now

THERESA CLEMENT TISDALE, PHD, PSYD AZUSA PACIFIC UNIVERSITY SCOTT HICKMAN, PSYD PRIVATE PRACTICE PSYCHOLOGIST, TX



SUMMARY: This Pre-Conference workshop will include an overview of major schools in psychoanalysis, compare and contrast evolution of key concepts, provide examples of how psychoanalysts are involved in social justice, present empirical evidence for the efficacy of psychoanalytic psychotherapy, and a case discussed from three theoretical/clinical viewpoints.

## SATURDAY AFTERNOON

POST-CONFERENCE WORKSHOPS 2-5 PM



#### WB5. WORKSHOP FIVE

The Transformative Power of Optimal Stress: Precipitating Disruption to Trigger Repair

MARTHA STARK, MD HARVARD MEDICAL SCHOOL

SUMMARY: The therapeutic provision of optimal stress against the backdrop of an empathically attuned and authentically engaged therapy relationship is sometimes the magic ingredient needed to overcome the inherent resistance to change so frequently encountered in patients with longstanding emotional injuries. Challenges to destabilization and support to prompt restabilization at a higher level of resilience and adaptive capacity will be addressed.



WB6. WORKSHOP SIX

Christian-Accommodative Treatment of OCD in Children and Adults





SUMMARY: When OCD afflicts Christian children and adults, the symptoms (and treatments) are frequently misunderstood by the sufferers as well as their family, clergy, and other health professionals. This workshop will provide clinicians with practical skills to support and integrate the client's spiritual beliefs into empirically-supported treatments for OCD.



WB7. WORKSHOP SEVEN

Ethics, Values and Risks: Emerging and Evolving Issues in Psychotherapy

RANDOLPH SANDERS, PHD PRIVATE PRACTICE PSYCHOLOGIST, TX

SUMMARY: This workshop focuses on several important ethical concerns, with major emphasis on values in therapy. Participants will explore the ethical balance between compassionate, sacrificial care for our patients and care for ourselves. They will take a fresh look at what may be a clinician's best tool for managing the risk of doing psychotherapy, ie., prudent documentation. We will discuss latest protocols for Duty to Warn, and examine ethics related to racism in the therapy office.



#### WB8. WORKSHOP EIGHT

Understanding and Working with People from Arab and Middle Eastern Backgrounds: A Guide for Clinicians

NAJI ABI-HASHEM, PHD
PRIVATE PRACTICE PSYCHOLOGIST, SEATTLE AND LEBANON

SUMMARY: Migration and influx of refugees are increasing. Mental health practitioners must improve our cultural insights and skills, in order to effectively work with such people. Participants will discuss the diversity within the Arab, Muslim, and Middle Eastern populations in North America, and will learn how to address their clinical needs and struggles. Attendees will learn about the challenges inherent in working with these cultural and ethnic groups.

## PLENARY SPEAKERS



THURSDAY EVENING

Beyond Self-Esteem: From Evaluation to Transcendence

RICHARD BECK, PHD is the Professor & Chair of the Department of Psychology at Abilene Christian University. He holds the PhD in Experimental Psychology from Southern Methodist University. Dr. Beck has one of the most popular Christian blogs <experimentaltheology.blogspot.com> in the country. He is the author of five books, including Unclean: Meditations on Purity, Hospitality, and Mortality, The Authenticity of Faith: The Varieties and Illusions of Religious Experience, and The Slavery of Death. He teaches a weekly Bible study at a men's prison in West Texas and is an elder at the Highland Church in Abilene, Texas. He and his wife, Jana, have two sons.



FRIDAY LUNCHEON

Addressing and Integrating Faith with Survivors of Intimate Partner Abuse

THEMA BRYANT-DAVIS, PHD is a Professor in the Graduate School of Education & Psychology and the Director of the Culture and Trauma Research Lab at Pepperdine University in Los Angeles, California. She received her PhD in Clinical Psychology from Duke University. She has been awarded the California Psychological Association Distinguished Scientist Award (2015) and the American Psychological Association Award for Distinguished Early Career Contributions to Psychology in the Public Interest (2013). She resides with her husband and two children in Encino, California.



SATURDAY MORNING

The Emergence of Mindfulness in Sex Therapy



SCOTT SYMINGTON, PHD & MELISSA SYMINGTON, PHD are clinical psychologists who met and married in graduate school. They live in Pasadena, California with their two children, where they have a group practice with Cliff and Joyce Penner. In their private practices, they specialize in marital and sex therapy; treating anxiety disorders; and integrating

spirituality into the change process. In addition to their clinical work, Scott has recently published his book, Freedom from Anxious Thoughts & Feelings: A Two-Step Mindfulness Approach for Moving Beyond Fear & Worry, which outlines the Two-Screen Method. Melissa has been publishing blogs on relational intimacy and enjoying teaching human sexuality at Fuller Graduate School of Psychology as an adjunct professor.

## INVITED DISTINGUISHED SCHOLARS & MASTER THERAPISTS FOR TRACKS



CLINICAL PRACTICE
The Infantilization Of American Adolescents:
Implications For Christian Psychology Practice

**KEN WILGUS**, PhD is a Licensed Psychologist in private practice in Dallas. He specializes in the treatment of adolescents and their

families. He is the author of the book, "Feeding The Mouth That Bites You," a guide for parents of adolescents, and is the co-founder of "RingLeaders," a men's ministry focused on strengthening the role of husbands in Christian marriage.



#### ACADEMIC / RESEARCH

The Coexistence of Natural and Supernatural Explanations across Cultures and Development

**CRISTINE LEGARE**, PhD is an Associate Professor of Psychology and the Director of the Evolution, Variation, and Ontogeny of

Learning Laboratory at The University of Texas at Austin. Her research program reflects her commitment to interdisciplinary approaches to the study of human cognition and behavior. She studies our capacities to learn, create, and transmit culture in order to increase our understanding of cognitive and cultural evolution.



PSYCHOANALYSIS
A Case History - Processes of Transformation

MYRNA LITTLE, PhD, is a Clinical Psychologist and Jungian Psychoanalyst in private practice as a member of The Group Analytic Practice of Dallas. She is a Clinical Professor in the Department of

Psychiatry at Southwestern Medical School, and serves as an Associate Editor for the Journal of Analytical Psychology.



## COUNSELING & COUNSELOR EDUCATION

Bracketing & Harmonious Disagreement: Engaging with Clients and Each Other to Move the Helping Mission Forward

ELIZABETH R. O'BRIEN, PhD, LPC is a Professional Counselor and Counselor Educator in Chattanooga. She is a Past-President for the Association of Spiritual, Ethical, and Religious Values in Counseling, a division of the American Counseling Association. She is the Director of the Counselor Education program at the University of Tennessee at Chattanooga, where she is also a UC Foundation Associate Professor. She recently completed a co-edited text book entitled "Supervision and Agency Management for Counselors".



#### CROSS CULTURAL/INTERNATIONAL

Cross Cultural Mental Health Assessment and Training: Experiences in the US, South Asia & the Middle East

THOMAS IDICULLA, PhD is the Director of Mental Health Services Evaluation Department at McLean Hospital. He is an Instructor in Psychiatry at Harvard Medical School. Dr. Idiculla directs a nonprofit

organization, Agape Partners International, which supports counseling and charitable services in Asian communities in the US and around the world. He has spoken at national and international conferences in the United States, United Kingdom, United Arab Emirates, Oman, Kuwait, and India.



## MARRIAGE, FAMILY, SEXUALITY & CHILD

**Solution-Focused Narrative Therapy** 

**LINDA METCALF**, PhD is a Professor and Director of all Graduate Counseling programs at Texas Wesleyan University. She is a Licensed

Professional Counselor and Licensed Marriage and Family Therapist in the State of Texas. She is the author of eleven books. She has served as president of the American Association for Marriage and Family Therapy (AAMFT) as well as the president of the Texas Association for Marriage and Family Therapy.

### **SCHEDULE**

- at - a - glance -

#### **THURSDAY, MAR 21**

9:00AM-12:00PM\* **Pre-Conference Workshops** separate fee and registration \*WA4: 8:00am - 1:00pm

2:00-5:30рм **Breakout Sessions** 

5:45-10:30рм Conference Kickoff Event

5:45-7:00PM Dinner cost covered in registration fee

7:00-8:30рм Praise & Worship / **Opening Plenary** 

8:30-10:00рм Welcome Desserts Reception and Special Interest Groups Meetings

#### FRIDAY, MAR 22

8:00-9:00AM **Breakout Sessions** 

9:00-10:15 АМ **Poster Sessions** 

10:15-11:15 АМ **Breakout Sessions** 

11:30ам-2:00рм Plenary Luncheon cost covered in registration fee **Student Paper Awards** 

2:00-4:30рм **Breakout Sessions** 

4:30-5:45рм **Posters Session** 

6:00-9:00рм Receptions, alumni dinners, free time/night on the town

#### **SATURDAY, MAR 23**

8:00-10:15AM **Breakout Sessions** 

10:30AM-12:00NOON Plenary Session **Student Poster Awards** 

2:00-5:00PM **Post-Conference Workshops** separate fee and registration

## OMNI MANDALAY HOTEL AT LAS COLINAS

Enjoy access to a host of restaurants, shops and businesses, then explore the Mandalay Canal by gondola or stand-up paddle board during downtime.

#### **RESERVATIONS**

Call the toll-free number 1-800-THE-OMNI, and ask for the CAPS rate of \$145. Rooms at this rate are only guaranteed until Tuesday, February 18. 2019, or until our contracted block of rooms are sold out (whichever comes first).



## CHRISTIANS IN SOCIAL WORK

## MINI-CONFERENCE

## **THURSDAY** MARCH 21

Registration includes evening dinner. There will also be a special interest group meeting from 9:00-10:00pm for social workers interested in knowing more about CAPS and working with us to develop a Social Work track for the 2020 program.

#### 9:00AM-12:00PM Child Abuse & Neglect

Justin Smith, PsyD, LCSW Phoenix Seminary

#### 2:00-3:00рм Homelessness

James Petrovich, MSW, PhD Texas Christian University

#### 3:15-4:15рм

#### Racial Collaboration

Stephanie Hamm MSW,,PhD Abilene Christian University

#### 4:30-5:30рм

#### Spirituality in Social **Work Practice**

Holly Oxlandler, PhD, LMSW **Baylor University** 

5:45-7:00рм Dinner

#### 7:00-8:30рм

#### **Beyond Self Esteem**

Richard Beck, PhD Abilene Christian University

8:30-10:00рм

Welcome Desserts Reception

### REGISTER

For more information and to register, go to caps.net/register. Register by February 18, 2019 for Early Bird rates.

## CE CREDIT

APA and ASWB continuing education credit will be available at the conference.